



July 2010

Brought to you by:

THE TOOLS FOR
INDEPENDENCE INITIATIVE
OF THE

**INDEPENDENT
LIVING
PARTNERSHIP**

On the web at:
www.LivingPartnership.org

Help Finding Assistive Technology—

Assistive Technology Network offers free information and referrals for assistive technology supplies, daily living devices, funding and community resources, and service providers, throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit www.atnet.org.

Published by:

The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

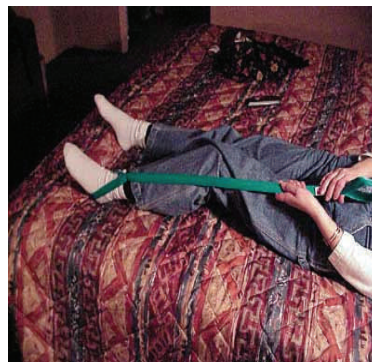
Eyesight Failing? You Can Still Play Monopoly

Anyone can buy Park Avenue or build a little green house with the **Braille and Low Vision Monopoly Game** set. The large game board has a special overlay molded onto it so anyone can identify all the spaces and locations of the properties on the board.



The perimeter of each game space is also labeled in Braille and in print. Comes with a set of instructions in Braille, plus Braille dice, cards and boards. It is available for \$58.95 at MaxiAids. Visit www.maxiaids.com or call 1-800-522-6294. Item #29957.

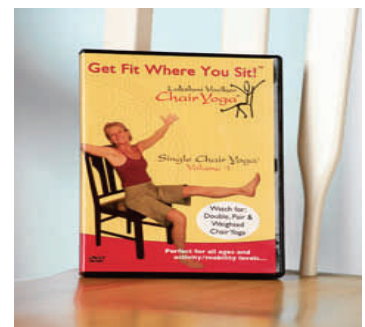
Get A Leg Up Without Straining



With the **Rigid Leg Lifter**, you can get help moving your weak or immobilized leg onto or off of a bed or onto a wheelchair footrest. The foot loop itself can be pre-bent and the hand loop is flexible for ease of use. It measures 36" long and is available for \$15.95 at Youcan TooCan. Visit www.youcantoo.com or call 1-888-663-9396. Item #1392.

Getting Fit Has Never Been So Simple

Now you can improve your overall health and well-being without getting out of your seat. Learn yoga postures and breathing techniques with this **Getting Fit Where You Sit** DVD containing two easy to follow classes performed entirely in a chair. The vendor says regardless of your age, physical condition or range of motion, you will derive all healing and restorative benefits. You can check it out at Support Plus for \$19.95. Visit www.supportplus.com or call 1-800-229-2910. Item #FB 7882.



Flush Without Bending...

...and protect your loved one from harmful germs with this foot pedal toilet flushing device. The **Foot Pedal Toilet Flusher** is designed for hands-free flushing of most standard toilets. No more reaching, bending, or twisting. Just step on the pedal and the toilet flushes automatically. Great for anyone suffering from arthritis or back pain or with limited mobility, including post-



operative patients. Vendor says it fits most existing flapper-type toilets, can be installed in 3 easy steps without tools, and should last for nearly one million flushes. No batteries or electrical connections required. It comes in white and two styles: Classic (shown) and Fun Foot Flush, an oversized foot. Available from MaxiAids for \$24.95 by calling 1-800-522-6294 or by visiting www.maxiaids.com. Item #155919.

Turn And Sit Comfortably In The Shower



The plastic **Swivel Shower Chair** provides a safe and comfortable seat for anyone who has difficulty standing in the shower. The swivel seat rotates 360 degrees in both directions, allowing the user complete freedom to move around in the shower. It features non-slip feet, and the vendor says it is easy to assemble (and no tools are required). NOTE: Due to hygiene purposes, this item is non-returnable. You can find it at Active Forever for \$59.00. Visit www.activeforever.com or call 1-800-377-8033. Item #A16252.

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Having Difficulty Cleaning Your Bathtub?

Avoid bending and reaching to clean your tub with the **Bristle Scrubber**. The ergonomic handle, made of lightweight aluminum, extends from 32" to 53", making cleaning your tub or shower easier. Tough nylon bristles surround the uniquely designed brush head (measuring 7" x 3"), helping you to clean and trap dirt in hard-to-reach places. It is priced at \$14.95 and is available at Support Plus. Visit www.supportplus.com or call 1-800-229-2910. Item #FB5912.



A High-Capacity Scale That Is Easy To Read

Not only does this precision scale have an extra large, easy to read 5" display, but it also supports up to 400 pounds. Just tap the platform to turn on. A user-friendly hold feature continues to show weight after stepping off the scale. It is battery operated, and the batteries are included. The **High Capacity Easy-Read Scale** measures 13.25" x 12.5" x 2" and is available at Gold Violin for \$39.00. Visit www.goldviolin.com or call 1-877-648-8400. Item #91624.



Is Clipping Your Nails Painful?



It doesn't have to be difficult or painful with these **Easy Grip Clippers**. They are both easy to hold and easy to use. They feature soft grip handles and an improved design and mechanism that reduces the amount of squeezing needed to trim your fingernails or toenails. Just apply mild pressure and the device responds with maximum cutting power. The vendor says that blade bumpers add stability and help prevent injury. They are made of stainless steel, are easy to clean and can be sterilized. Fingernail clippers are 3.5" long. Toenail clippers are 4" long. Both kinds are available for \$19.95 each at Aids for Arthritis. Call 1-800-654-0707 or visit www.aidsforarthritis.com. Fingernail clippers are item #7-06 and toenail clippers are item #7-07.

Misplacing Your Keys? Just Whistle To Them

Find your keys with a merry whistle. Put an end to frantic searching for your car keys or house keys by putting your lips together and whistling. The **Voice Recording Keyfinder With Microlight** responds to your whistle with a beeping noise to make locating them a breeze. The key ring also includes a 10-second digital recording system so you can note where you parked, driving directions, and even a fast shopping list. The Keyfinder includes a hi-powered micro flashlight plus four removable key rings. The device requires 4 button cell batteries (included). It costs \$21.99 and is available at Maxiaids. Call 1-800-522-6294 or visit www.maxiaids.com. Item #302518.



Check Out The TOOLS Resource Center —

Our new TOOLS Resource Center features links to organizations, other Web sites and groups that can provide you with useful information and help with your questions about assistive technology, caregiving and independent living. The site also hosts a blog written by TOOLS editor Michael Carbine with news, updates and notes of interest, and a collection of back issues of the *TOOLS for Independence* newsletter. You can also take a survey and tell us how we can make TOOLS more helpful and useful for you. Visit us at www.TOOLSforIndependence.org



TOOLS for IndependenceTM

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This newsletter is published by the INDEPENDENT LIVING PARTNERSHIP (ILP)

ILP works to ensure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.

No More “Who’s Calling Please?”

A smiling face tells you who is calling. This cordless phone has a fully featured digital 7” picture frame for photo caller ID. The frame shows the picture of the person who is calling along with their phone number.



You can add up to 40 caller numbers and up to 100 pictures for a continuous slide show. The **GE Photo Phone** is hearing aid compatible, includes a built-in clock and calendar and has a multi-

lingual message display capability. It costs \$49.95 and you can find out more at Active and Able. Call 1-877-229-9993 or visit www.activeandable.com. Item #AA8188. Note: Your phone service must be caller ID enabled to use this product.

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