



April 2014

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THE TOOLS FOR  
INDEPENDENCE INITIATIVE  
OF THE

**INDEPENDENT  
LIVING  
PARTNERSHIP**

On the web at:  
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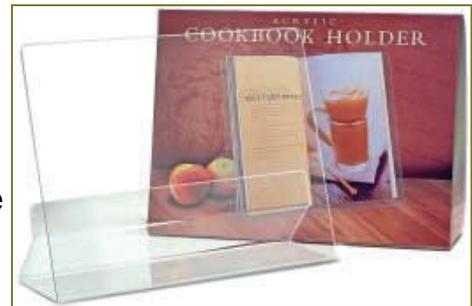
The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

## **Help Finding Assistive Technology—**

Assistive Technology Network offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit [www.atnet.org](http://www.atnet.org).

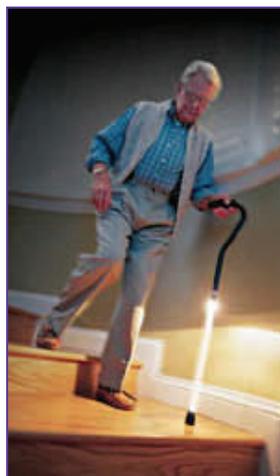
## **If You Love To Try New Recipes...**

... an **Acrylic Cookbook Holder** can be a great low-tech addition to your kitchen. This classic cookbook holder keeps your book open to the page your recipe is on while protecting it from splatters. It can also be helpful for those with limited upper-body strength. To find the cookbook holder that fits your needs, search “acrylic cookbook holder.” This item is available online from various vendors that sell assistive technology for \$10.19 to \$18.50.



## **Make Your Next Walk In The Dark A Safer One**

The revolutionary **Pathlighter® cane** not only provides the exceptional support of traditional orthopedic offset style canes, it offers the added safety of a light built right into the shaft to help you see what surrounds you. It provides additional safety in the dark for the vision impaired. Whether going up or down stairs, getting into the car, or finding your way in dimly lit areas, the



**Pathlighter®** lighted walking cane provides an extra degree of mobility, security and comfort. Because the light switch is on the end of the handle, it's easy to turn on with a simple push of a button. The powerful Xenon lamp provides exceptional brightness, which allows you to walk better and see better. The **Pathlighter®** lighted walking cane is the perfect gift for anyone with impaired vision that could benefit from a lighted mobility aid. The lowest price we found for this item is \$39.95. To find out more about the Pathlighter cane and where it can be purchased, search the words “pathfinder cane.”

## Safe, Durable, And Lightweight

Introducing the **Nova Bath Bench** with a red safety handle. Whether you just had surgery or have limited mobility, this bath bench is designed for added utility and support. The

red safety handle adds extra support and balance and can be attached to either side of the bench. Additional handles can be added for extra support.



Non-skid rubber tips and built-in hand shower holder provides comfort and safety. These and similar products are available from various online suppliers for less than \$ 43.95. To find additional information search the words “Nova bath bench red handle.”

### April Is:

- ▶ National Autism Awareness Month
- ▶ National Poetry Month

### Special Days in April 2014

- ▶ World Health Day, April 7th
- ▶ IRS Tax Day, April 15th,
- ▶ Easter, April 20th

Shirley Temple Black

April 23, 1928 – February 10, 2014

An American film and TV actress, singer, dancer and public servant.

“I class myself with Rin Tin Tin; people in the Depression wanted something to cheer them up, and they fell in love with a dog and a little girl.”

Shirley Temple Black

### VENDOR RESOURCE LIST

- Active Forever: [www.activeforever.com](http://www.activeforever.com)  
1-800-377-8033
- Amazon: [www.amazon.com](http://www.amazon.com)
- Arthritis Supplies: [www.ArthritisSupplies.com](http://www.ArthritisSupplies.com)  
1-800-750-0376
- Bright Life Directs: [www.brightlifedirect.com](http://www.brightlifedirect.com)  
1-8977-545-8585
- Diabetic Shoe Hub: [www.diabeticshoeshub.com](http://www.diabeticshoeshub.com)  
1-623-455-6258
- Dynamic-Living: [www.dynamic-living.com](http://www.dynamic-living.com)  
1-888-940-0605
- Elder Depot: [www.elderdepot.com](http://www.elderdepot.com)  
1-800-910-7790
- Gold Violin: [www.goldviolin.com](http://www.goldviolin.com)  
1-877-648-8400
- LS & S: [www.Lssproducts.com](http://www.Lssproducts.com)  
1-800-468-4789
- Maxi Aids: [www.maxiaids.com](http://www.maxiaids.com)  
1-800-522-6294
- Medical Goods: [www.medicalgoods.com](http://www.medicalgoods.com)  
1-888-557-0256
- Sight Connection: [www.sightconnection.com](http://www.sightconnection.com)  
1-800-458-4888
- Simple Comforts: [www.simplecomforts.com](http://www.simplecomforts.com)  
1-800-361-1440
- Solutions: [www.solutions.com](http://www.solutions.com)  
1-877-718-7901
- Support Plus: [www.supportplus.com](http://www.supportplus.com)  
1-800-229-2910
- Target.com: [www.target.com](http://www.target.com)
- The Alzheimer's Store: [www.alzstore.com](http://www.alzstore.com)  
1-800-752-3238
- The CareGiver Partnership:  
[www.caregiverpartnership.com](http://www.caregiverpartnership.com)  
1-800-985-1353
- Walgreens: [www.walgreens.com](http://www.walgreens.com)
- Walmart: [www.walmart.com](http://www.walmart.com)

**Products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various vendors, merchants and Web search before making your final choice. Mention of specific products is not an endorsement of these products. Product vendors provide no compensation or other benefit to Tools.**

## Use A Laptop From Almost Any Chair

Sit in your favorite chair in comfort anywhere around your home or office. This **Laptop Tray** features a plush cushion that conforms to your



body, creating a stable base for reading and writing, while using your laptop. The ergonomic top comes with a

built-in gooseneck LED light for clearer nighttime reading. It also has a zippered pocket; just slip your laptop or other items in for convenient storage. The supplier says it is perfect for wheelchair users. The lowest price we found for this laptop tray for is \$27.95. To locate this particular laptop search the words "laptop tray ergonomic red." Otherwise to find comparable laptop trays search "laptop tray."

## Stylish Alternative To An Adult Bib

The **Cravaat Dinning Scarf** is a clothing protector that is worn just like a regular scarf. It is perfect for those with tremors; it is discreet and sophisticated, worn flat or tied for extra style, protecting clothing



from stains, spills and crumbs. No one will know why someone is wearing it. Soft-brushed microfiber material feels like



suede. Stain and wrinkle resistant, and machine washable, the scarf measures 27" long x 8.5" wide and is available in a variety of color choices and patterns. We found this practical scarf online for \$19.95. To find a scarf for yourself or a loved one search the words "cravaat dinning scarf."

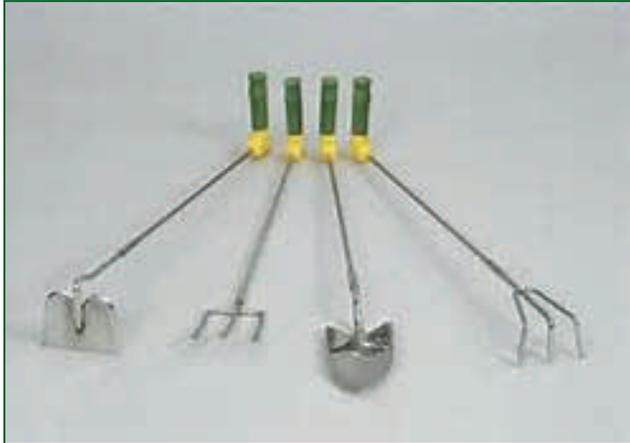
## Chop Food Into Bite Size Pieces

**FunBites Cube It Food Chopper** is a food-cutting tool that chops food into bite size pieces quickly, safely and uniformly. The curved blades easily cut through food. Here's how it works: push the cutter into the food and rock it back and forth a few times, insert the popper top and push it through and out pop the bite-size pieces of food. The chopper is made of high performance food grade material chosen for its strength, sharpness and durability. Makes cutting simple for adults with arthritis or poor hand strength. Works on a variety of foods such as sandwiches, fruit, cheese and meats. To find this handy kitchen item search the words "funbites cube." The lowest price we found this tool for is \$11.95.



# Easi-Grip Long Reach Garden Tools

These **Easi-Grip Long Reach Garden Tools** are specially designed for gardeners who have to sit on a chair or stool while gardening due to arthritis or other disabilities. These stainless steel light weight adapted gardening tools are ideal for people who have difficulty reaching or bending. An



ergonomically angled handle keeps your hand and wrist in a natural and comfortable position, while the length of the tool eliminates strain on your back and shoulders.

The vendor says “Soft-feel” non-slip grip handle gives comfort and control, even when wet.



We found these tools online for \$34.95 each.

Due to the working position and increased weight of the long-reach tools, the vendors recommended for extra support when using the **Easi-Grip Long Reach Garden Tools** to use the **Tools Arm Support Cuff** with them. The **Arm Support Cuff** is designed to assist gardeners who suffer from weak hands and wrists, but love to work outside. The Cuff easily plugs into the back of the **Easi-Grip Long Reach Garden Tools**, and allows forearms and upper arm strength to be used to move the tool decreasing strain on wrist and fingers. The cuff is offered for \$9.95. To find a gardening tool that best suits your needs search the words “easi grip garden tool arthritis.” Happy Gardening!



This Newsletter is published by the  
**INDEPENDENT LIVING PARTNERSHIP**  
(ILP)

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



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