

TOOLS for Independence™

making your life at home easier and safer



February 2016

Brought to you by:

THE TOOLS FOR
INDEPENDENCE INITIATIVE
OF THE

**INDEPENDENT
LIVING
PARTNERSHIP**

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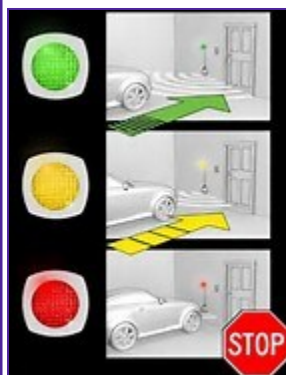
The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

Help Finding Assistive Technology—

Ability Tools offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit <http://abilitytools.org/>

Save Your Car From Dings, Dents, or Garage Door Mishaps...

...with the **Striker Garage Parking Sensor**. Garage parking is easier every time thanks to this simple to install parking sensor. Ultrasonic range-finding technology measures the distance from your auto to the wall. Colored lights alert you as you approach

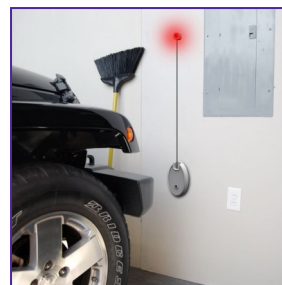


the ideal (pre-designated) parking spot. To learn more on how this product works click on the link. [Garage Parking Sensor](#). To find this item online search the words

“garage parking sensor”. There are many different parking sensors available online for your review.

We found this parking sensor online for \$24.95-\$35.99 including the

mounting hardware and instructions.



A Reacher Is A Useful Solution For So Many Things...

... getting dressed, reaching dropped objects without bending over or retrieving objects from high shelves. This **PikStik Pro Reacher** is available in a 26 or 32 inches length depending on your need and height. It features patented jaws that open to 5 1/2" to pick up large or small objects and rotate 360 degrees to pick up objects

from any angle. The patented trigger multiplies gripping strength making it easier to pick up heavy objects. This reacher is constructed of durable thermoplastic resin with a molded one piece molded jaw housing that will never separate. The cost of this reacher is \$23.00 Search the words “reacher grabbers” to find this and many other brands of reacher.





25th Anniversary Party
February 28, 2016
EIMPIRE POLO CLUB



Say "thank you" for the monthly Tools for Independence newsletter and help strengthen the nonprofit Independent Living Partnership! For more information and to reserve your place at the party go to: <http://ilpconnect.org/party/>

February Is:

- ▶ Heart Disease Awareness Month
- ▶ Black History Month

Special Days in February 2016

- ▶ Groundhogs Day 2/2
- ▶ President Lincoln's Birthday 2/12
- ▶ Valentine's Day 2/14
- ▶ President Washington's Birthday 2/22
- ▶ ILP's 25th Anniversary Party 2/28

Rosa Parks 2/4/1913-10/24/2005

Civil rights activist who became known as "The first lady of civil rights" when she was arrested for refusing to give up her seat on a bus in 1955.

"I would like to be remembered as a person who wanted to be free... so other people would be also free."

Rosa Parks

VENDOR RESOURCE LIST

Active Forever: www.activeforever.com
1-800-377-8033

Amazon: www.amazon.com

Arthritis Supplies: www.ArthritisSupplies.com
1-800-750-0376

Bright Life Directs: www.brightlifedirect.com
1-8977-545-8585

Diabetic Shoe Hub: www.diabeticshoeshub.com
1-623-455-6258

Dynamic-Living: www.dynamic-living.com
1-888-940-0605

Elder Depot: www.elderdepot.com
1-800-910-7790

First Line Solutions: www.firstlinesolutions.com
1-909-227-9821

Gold Violin: www.goldviolin.com
1-877-648-8400

Maxi Aids: www.maxiaids.com
1-800-522-6294

Sight Connection: www.sightconnection.com
1-800-458-4888

Simple Comforts: www.simplecomforts.com
1-800-361-1440

Solutions: www.solutions.com
1-877-718-7901

Support Plus: www.supportplus.com
1-800-229-2910

Target.com: www.target.com
1-800-591-3869

The Alzheimer's Store: www.alzstore.com
1-800-752-3238

The CareGiver Partnership:
www.caregiverpartnership.com
1-800-985-1353

Walgreens: www.walgreens.com
1-800-925-4733

Walmart: www.walmart.com

Products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various vendors, merchants and Web search before making your final choice. Mention of specific products is not an endorsement of these products. Product vendors provide no compensation or other benefit to Tools.

Keep Your Medicines Organized

The **MedCenter System Pill Organizer** allows you to organize a full month's worth of medication or vitamins at a time. The organizer features thirty-one individual pill boxes that can be removed and taken with you as needed or remain with the organizer stand for ease of convenience. The easy-open lids on the pill boxes allow for easy access to needed medications. The red & green color-coding shows when the daily dose is completed. This system sells for \$34.95. Pair the organizer with the **MedCenter Talking Clock** and you have a complete monthly medication organizer and reminder system. The **MedCenter Talking Clock** is sold separately for \$37.39. The "Take Your Pills" alarm clock alerts users when it's time to take their medication with a friendly female voice up to 4 times a day. Here is how it works: Set up to 4 daily alarms to alert you when your medication is due. A repeating friendly reminder voice notifies you of the time, date, and which daily dose to take: "Good morning! Please take your morning pills for the 20th."



Press the alarm acknowledged button to confirm compliance and **MedCenter Talking Alarm Clock** tells you when the next daily dose is due. There are many pill organizers to choose from. Search the web using the words "pill, organizer, systems, boxes" so you can keep your medication well-organized. Another handy tool is the **ACU-LIFE Pill Splitter Crusher**. The **ACU-LIFE Pill Splitter Crusher** is a convenient

tool for administering medications. It features an arthritis-friendly design for simple and fast splitting, and an easy- turn crusher for quick pulverization of medications or vitamins. This and similar products are available from various vendors for less than \$ 4.95. To locate these items and other medicine organizer online search the words " Medcenter Systems, Pill splitter". Cheers to being more organized!



Now You Can Maintain A More Upright Position When Pushing A Wheelchair...

...with the **Wheelchair Grip Extensions**. The grip extensions raise the height of the handgrips by 5 inches, which makes an ergonomic tool that helps reduce the need for the person pushing the wheelchair to lean over, they can maintain a more upright position when pushing the wheelchair. The **Wheelchair Grip Extensions** fit most wheelchairs and the existing grips on the wheelchair do not have to be removed. The extension grips are sold in pairs and fit most standard wheelchairs. The lowest price we found this item for is \$42.92. Search the words "wheelchair grip extensions" to find the grips you need to keep your back in an upright position.



Independent Living Event to Benefit the TRIP Program.

We hope you will plan to join us on **February 28th** to help us celebrate 25 years of service to our communities. The setting at the Empire Polo Club is upscale and grand, an enchanting Desert afternoon of fun. We scheduled our event to coincide with the very best polo of the season – *the Rose and Emerald Cup final matches!* Tasty food, a valuable door prize, and choice silent auction and raffle opportunities round out the afternoon. Just a party designed for your pleasure and enjoyment. Order your tickets today online at <http://ilpconnect.org/store-3/> Please join us for an afternoon of fun!



Electronic Tape Measure Makes Measuring Easier To See

This Digital Tape Measure brings an ordinary device into the 21st century. Equipped with a large, easy-to-read 1 3/4" x 3/4" digital display, you won't have to squint to read the fractions on the tape. This tape measure has a hold button which lets you retain your last measurement, and also two memory buttons so you can record two measurements without having to remember them. It also features a tape lock, midpoint and re-zero button, a button to select between inside or outside measurements, and a button to select or convert measurements to metric units. It can measure up to 16' and operates on one 3v battery (CR2032 battery), included. The price for this item from various online vendors is \$29.99. Search the words "digital tape measure" to get your easy to read handyman tool.



This Newsletter is published by the
INDEPENDENT LIVING PARTNERSHIP
(ILP)

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



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