



July 2013

Brought to you by:

THE TOOLS FOR
INDEPENDENCE INITIATIVE
OF THE

**INDEPENDENT
LIVING
PARTNERSHIP**

On the web at:
www.ILPconnect.com

Published by:

The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

Help Finding Assistive Technology—

Assistive Technology Network offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit www.atnet.org.

Clearly Hear Your Blood Pressure Readings

The **Reizen II Talking Digital Blood Pressure Monitor** is great for those who are blind or have low vision. A voice prompt lets you know that the monitor is ready to be used, and a simple press of a button is all it takes to start the auto-inflation of the arm cuff. When the reading is completed, the monitor automatically announces your systolic and diastolic blood pressure reading and pulse rate in a clear voice. You can choose from four languages (English, Spanish, French or German) to hear your reading clearly announced. Readings are also displayed on the large backlit LCD screen. Eighty readings are stored in the database with date/time reference.



This monitor comes with a zippered storage case, 4 AA batteries and instruction book. Find this device by searching the web using the words "Reizen II talking blood pressure monitor." This model sells for \$79.95. There are many styles and features of blood pressure monitors available online from various vendors that sell AT products. We found them ranging in price from \$17.95 to \$119.95.

Helping Hand In The Kitchen

The **CoolHand** allows you to safely take heated plates out of the microwave or oven and to the table. It's ideal for anyone with arthritis or limited dexterity. The **CoolHand** uses leverage to distribute the weight of the plate on the hand and wrist rather than just your fingers. The plate is gripped and released with non-slip soft grips as easily as the human hand. The **CoolHand** is easy to clean, and there are no place for food to be trapped. One size fits most plates. The lowest price we found for this assistive technology tool is \$6.79. Search the web using the words "coolhand hot plate" to find this device.



Worry No More...

...about an open flame! The **Fresh Cut Bamboo Scent Flameless LED Candles** feature an auto on/off timer. When you set your candle's timer, it will automatically come on every day at the same time for 6 hours. The elegant real wax candle is battery operated, (not included) and uses a LED light source that flickers and glows like a traditional candle. This candle is safe and worry free and is ideal for indoor and outdoor use. This and similar products are available from various online vendors for less than \$5.95. To find your style and favorite scent candle, search the words "flameless timer LED candles".



July Is:

- ▶ National Picnic Month
- ▶ National Parks Month
- ▶ Juvenile Arthritis Awareness Month

Special Days in July

- ▶ Independence Day, Thursday, July 4th
- ▶ David Brinkley Birthday July 10, 1920

David Brinkley
July 10, 1920– June 11, 2003

David Brinkley was an American news-caster for NBC and ABC in a career lasting from 1943-1997.

“A successful man is one who can lay a firm foundation with the bricks others have thrown at him.”

David Brinkley

VENDOR RESOURCE LIST

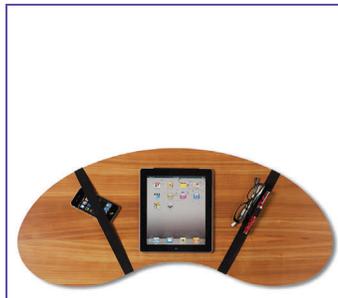
- Active Forever: www.activeforever.com
1-800-377-8033
- Active Medical: www.activemedical.com
1-866-866-2700
- Amazon: www.amazon.com
- Arthritis Supplies: www.ArthritisSupplies.com
1-800-750-0376
- Body Back Buddy: www.bodybackbuddy.com
1-877-601-9118
- Bright Life Directs: www.brightlifedirect.com
1-8977-545-8585
- Bruce Medical: www.brucemedical.com
1-800-225-8446
- Dynamic-Living: www.dynamic-living.com
1-888-940-0605
- Elder Depot: www.elderdepot.com
1-800-910-7790
- Gold Violin: www.goldviolin.com
1-877-648-8400
- LS & S: www.Lssproducts.com
1-800-468-4789
- Make Life Easier: www.make-life-easier.com
- Maxi Aids: www.maxiaids.com
1-800-522-6294
- Overstock.com: www.overstock.com
- Sight Connection: www.sightconnection.com
1-800-458-4888
- Silverts: www.silverts.com
- Simple Comforts: www.simplecomforts.com
1-800-361-1440
- Solutions: www.solutions.com
1-877-718-7901
- Support Plus: www.supportplus.com
1-800-229-2910
- The Alzheimer's Store: www.alzstore.com
1-800-752-3238
- Walgreens: www.walgreens.com
- Walmart: www.walmart.com

All of the products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various vendors, merchants and Web search before making your final choice.

Mention of specific products is not an endorsement of these products. Product vendors provide no compensation or other benefit to *Tools*.

Work Effortlessly From Your Favorite Chair

With the **Levenger Lap Desk**, you can sit in your favorite chair and do serious work. It's long, strong and ultra-light, and it has enough room to rest an open book and take



notes. Or you can use it as a laptop desk. The curvy bean shape allows you to come in close to your work. The lap desk rests on the arms of the chair; the elastic suspenders keep papers and pens in place. The lap desk also can create an alternative surface on which to rest your keyboard or mouse, adding ergonomic comfort when using a conventional computer. This lap desk is \$49.00. However, there are

several styles and sizes of lap boards available. Search the words "lap desk board" to find the support that best suits your needs.



Keep Your Medicines Organized

The **MedCenter System Pill Organizer** allows you to organize a full month's worth of medication or vitamins at a time. The organizer features thirty-one individual pill boxes that can be removed and taken with you as needed or remain with the organizer stand for ease of convenience. The easy-open lids on the pill boxes allow for easy access to needed medications. The red & green color-coding shows when the daily dose is completed. This system sells for \$34.95. Pair the organizer with the **MedCenter Talking Clock** and you have a complete monthly medication organizer and reminder system. The **MedCenter Talking Clock** is sold separately for \$37.39. The "Take Your Pills" alarm clock alerts users when it's time to take their medication with a friendly female voice up to 4 times a day. Here is how it works: Set up to 4 daily alarms to alert you when your



medication is due. A repeating friendly reminder voice notifies you of the time, date, and which daily dose to take: "Good morning! Please take your morning pills for the 20th." Press the alarm acknowledged button to confirm compliance and **MedCenter Talking Alarm Clock** tells you when the next daily dose is due. There are many pill organizers to choose from. Search the web using the words "pill, organizer, systems, boxes" so you can keep your medication well-organized. Another handy tool is the **ACU-LIFE Pill Splitter Crusher**.

The **ACU-LIFE Pill Splitter Crusher** is a convenient tool for administering medications. It features an arthritis-friendly design for simple and fast splitting, and an easy-turn crusher for quick pulverization of medications or vitamins. This and similar products are available from various vendors for less than \$ 4.95.



Keep Your Socks Together in the Laundry

It's laundry day and you're going through the chore of sorting and matching socks. Suddenly a sock is missing. It is nowhere to be found. Where could it possibly be? **Socks with**



Snaps eliminates the needless frustration and time wasted tracking down socks that have gone missing in the laundry. Each sock has a reinforced plastic snap sewn discreetly inside its upper edge. When you take your socks off, simply snap the pair together, and you are done. Your socks will stay paired through the washer



and dryer, and right back into the dresser drawer. Several companies make many different styles of snap footwear, so search the web using the words "snap socks" to find your personal favorite pair of socks. The price range from various vendors is \$4.50 per pair to 15.95 per pair.

No More Straining To Open A Jar

JarPop opens tight vacuum-sealed jars with little effort. No twisting or turning is necessary. The vendor says a gentle lift upwards on the lid pops the seal, releasing the vacuum pressure so that the lid is removed easily. The lid remains resealable after opening the jar. The **JarPop** also can be used to lift off stuck-on lids from paint, varnish and sealant cans. It's dishwasher safe, and the plastic handle is 5 ½" long. We found this handy tool online for only \$4.99. To find your own, search the web using the word JarPop.



This Newsletter is published by the
INDEPENDENT LIVING PARTNERSHIP
(ILP)

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



TOOLS for Independence™

A Trademark of the Independent Living Partnership

TOOLS for Independence™, is published monthly by the Independent Living Partnership. The Partnership is a non-profit, tax-exempt corporation. The educational programs of the Partnership are supported by sponsorships, grants, and the charitable contributions of individuals and organizations.

NOTICE

TOOLS for Independence™, the Independent Living Partnership, and the distributor do not endorse, recommend or assume responsibility for any products referenced in this publication and are responsible only for the information presented. Product performance claims are those of the manufacturers. Prices quoted are subject to change without notice. Check with the merchant you select for current pricing.

TOOLS for Independence.

Volume 5 Issue 7

Editor: Michael Carbine

Associate Editor: Karen Long

Managing Editor: Richard Smith

E-Mail: Editor@TOOLSforIndependence.org

951-653-0740 Ext. 21

6235 River Crest Drive, Suite C

Riverside, CA 92507-0758