



June 2012

*Brought to you by:*

THE TOOLS FOR  
INDEPENDENCE INITIATIVE  
OF THE

**INDEPENDENT  
LIVING  
PARTNERSHIP**

On the web at:  
[www.LivingPartnership.org](http://www.LivingPartnership.org)

*Published by:*

The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

## **Help Finding Assistive Technology—**

Assistive Technology Network offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit [www.atnet.org](http://www.atnet.org).

## **Sock Aid Can Help You Get Dressed Easier**

The **Sock Horse Sock Aid** is designed to help you put your socks on quickly and easily. Vendors say that this sock aid, unlike other sock aids, will not stretch out your socks. This sock aid has rubber grips that help to pull the sock over the heel and up the calf. The rubber grips are smooth and do not snag delicate socks or stockings. Simply insert the sock over the rubber tabs, and pull the sock onto your foot. This easy-to-use sock aid will work with sports socks, knee high nylons, and many types of knee-hi compression stockings. This and similar products are available from various online vendors for less than \$10.00. Search the words "Sock Aid" to find this item and others like it that would best suit your needs.



## **Support for Your Body While You Sleep**

The **Softeze Memory Form All Support** gently molds to the contours of your body. Designed for multiple purposes, use this flexible pillow as a support for your head, neck, knees, legs, and back. The dimensions are 20" long x 8" wide x 5" tall and it comes with a washable cover. There are many body supports available online to choose from; search the words, leg support, head support, etc. We found this support for under \$25.00.



## Always Know What Day of The Week It Is...

...with this **Day of the Week Clock**. This is not your traditional clock; this one has no numbers. The face of the clock is divided into seven segments, each representing a day of the week. The single “day hand” goes around slowly to point to Monday, Tuesday, Wednesday, etc. – one full rotation equals one week. Use this practical



and unique timepiece as a gentle reminder for those with a little “day of the week” forgetfulness. There are many styles and features available; search the words “day of the week clock”. The price range is around \$35.00.

### June Is:

- ▶ National Dairy Month
- ▶ National Safety Month
- ▶ National Adopt A Cat Month

#### Special Days in the Month of June

- ▶ Father’s Day, Sunday, June 17th
- ▶ Helen Keller’s Birthday, June 27, 1880

Helen’s story show the strength and power of the human will and its ability to triumph over the most devastating disabilities.

“ Be of good cheer. Do not think of today’s failure, but of the success that may come tomorrow. You have set yourself a difficult task, but you will succeed if you persevere; and you will find joy in overcoming obstacles.”

Helen Keller

### VENDOR RESOURCE LIST

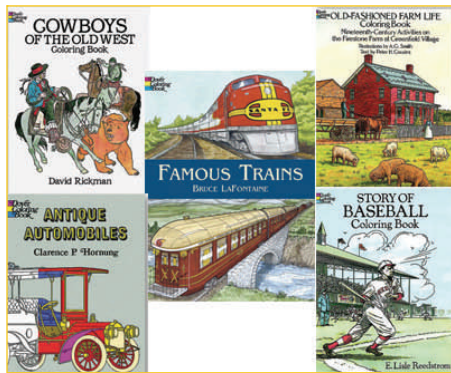
- Active Forever: [www.activeforever.com](http://www.activeforever.com)  
1-800-377-8033
- Active Medical: [www.activemedical.com](http://www.activemedical.com)  
1-866-866-2700
- Amazon: [www.amazon.com](http://www.amazon.com)
- Arthritis Supplies: [www.ArthritisSupplies.com](http://www.ArthritisSupplies.com)  
1-800-750-0376
- Body Back Buddy: [www.bodybackbuddy.com](http://www.bodybackbuddy.com)  
1-877-601-9118
- Bright Life Directs: [www.brightlifedirect.com](http://www.brightlifedirect.com)  
1-8977-545-8585
- Bruce Medical: [www.brucemedical.com](http://www.brucemedical.com)  
1-800-225-8446
- Dynamic-Living: [www.dynamic-living.com](http://www.dynamic-living.com)  
1-888-940-0605
- Elder Depot: [www.elderdepot.com](http://www.elderdepot.com)  
1-800-910-7790
- Gold Violin: [www.goldviolin.com](http://www.goldviolin.com)  
1-877-648-8400
- Healthykin: [www.healthykin.com](http://www.healthykin.com)
- Isokinetics: [www.isokinetics.com](http://www.isokinetics.com)
- LS & S: [www.Lssproducts.com](http://www.Lssproducts.com)  
1-800-468-4789
- Make Life Easier: [www.make-life-easier.com](http://www.make-life-easier.com)
- Maxi Aids: [www.maxiaids.com](http://www.maxiaids.com)  
1-800-522-6294
- Overstock.com: [www.overstock.com](http://www.overstock.com)
- Sight Connection: [www.sightconnection.com](http://www.sightconnection.com)  
1-800-458-4888
- Silverts: [www.silverts.com](http://www.silverts.com)
- Simple Comforts: [www.simplecomforts.com](http://www.simplecomforts.com)  
1-800-361-1440
- Solutions: [www.solutions.com](http://www.solutions.com)  
1-877-718-7901
- Support Plus: [www.supportplus.com](http://www.supportplus.com)  
1-800-229-2910
- The Alzheimer’s Store: [www.alzstore.com](http://www.alzstore.com)  
1-800-752-3238
- Walgreens: [www.walgreens.com](http://www.walgreens.com)
- Walmart: [www.walmart.com](http://www.walmart.com)

All of the products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various Vendors, merchants and Google before making your final choice.

Mention of specific products is not an endorsement of these products. Product vendors provide no compensation or other benefit to *Tools*.

## For The Artist or Person Who Loves To Doodle...

...draw or color, **Adult Coloring Books** offer intricate line drawings of topics that appeal to every interest. Vendors say that these coloring books are wonderful for the early or middle stages of Alzheimer's disease. These coloring



books do not have silly illustrations or cartoon characters; they are serious, reminiscent topics, which will not

only make for hours of fun, satisfaction and pleasure, but also memories and conversation. Color pencils or fine markers are recommended. The books feature adult topics, selected specifically for appropriateness to older people or those with interests tied to the 1940s, 50s and 60s. Men's topics include military, sports and work, and women's coloring book topics include flowers,

country scenes and famous American women. We found these in packages of 4 books at the Alzheimer's



Store for \$20.95. Please Google the key words "Adult Coloring Books" to find other online vendors who sell this product.

## Never Miss a Visitor Again

The **Door Beacon-Door Knock Sensor** responds to knocks on the door by flashing an extra bright strobe light that last for several seconds.

It is activated by the vibration of the door caused by knocking. The **Door Beacon** comes with an adjustable sensitivity switch and three different mounting options.

The vendor says that this is great for home, travel, noisy environments, and for people with hearing problems. This item is available online from various vendors that sell assistive technology products for \$29.95- \$32.95.



## Step Up With Ease Through Doorways

Reduce the effort of navigating stairs by placing this wide, sturdy platform outside any doorway. The **Outdoor Riser Step** allows those with limited mobility to remain steady while stepping up or down. The slip-resistant rubber tread helps to keep the step in place. The vendor said this step can support up to 400

pounds. Check this step out and many other step options by doing a search using the words, "outdoor riser step". The lowest price we found for this item is \$39.95.



Use indoors  
or out

## From the Editor

### Do You Need Trip?

The Trip Transportation program, offered by the Independent Living Partnership, is one of the special services in Riverside, CA and other Counties that assists people in accessing transportation services and helps them remain independent as long as possible. Trip reimburses volunteer drivers for miles driven to transport individuals where no transit service exists or when the person is too frail, ill or unable to use public transportation for other reasons.

You would be eligible for Trip assistance if you were a senior or person with disabilities who

- ▶ Didn't drive
- ▶ Didn't have family support
- ▶ Did not have access or were unable to use public transportation.

For more information on the TRIP Transportation Program; visit; [www.TRIPtrans.org](http://www.TRIPtrans.org)

...you can contact us any time with comments or questions about

### **Tools for Independence?**

[editor@ToolsforIndependence.com](mailto:editor@ToolsforIndependence.com)  
1-951-653-0740 x. 22

## No More Accidental Spills...

...with the **Stickey Cup**. Have you ever just needed a third hand, perhaps while pouring from a heavy jug? Let the **Stickey Cup** no-spill drink holder hold your glass steady and leave your two hands free. Specially designed with a super strong suction cup, **Stickey Cups** can hold containers of various sizes without any fear of



tipping or spilling. It works on virtually any surface such as glass, plastic, granite, laminate and some woods. The vendor says this is good for adults regardless of their motor skills. Search the words "Stickey Cup" online to find the vendor of your choice. The price range for this item from various online vendors is \$4.99- \$8.99.

This Newsletter is published by the  
**INDEPENDENT LIVING PARTNERSHIP**  
(ILP)

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



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### **TOOLS for Independence**™

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Editor: Cecilia Burch

Associate Editor: Karen Long

Managing Editor: Richard Smith

E-Mail: [Editor@TOOLSforIndependence.org](mailto:Editor@TOOLSforIndependence.org)

951-653-0740 Ext. 22

6235 River Crest Drive, Suite C

Riverside, CA 92507-0758