



June 2014

Brought to you by:

THE TOOLS FOR
INDEPENDENCE INITIATIVE
OF THE

**INDEPENDENT
LIVING
PARTNERSHIP**

On the web at:
www.ILPconnect.com

Published by:

The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

Help Finding Assistive Technology—

Assistive Technology Network offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit www.atnet.org.

Let's Keep Playing Cards

Love playing card games or know someone that does? Give one of these as a gift for anyone with dexterity challenges, the elderly, as well as kids and make it a family fun night. The **Card Holder Discs** helps someone hold and organize a hand full of cards.



The lowest price we found this item is \$2.95. Another way to keep the good times rolling is by using the **Plastic Playing Card Holder** it is easy to mount your playing cards in the heavy-duty plastic channel. The channel measures 3/10" wide so that it is easy to



insert the cards, even if your hand is unsteady. Search the words "plastic playing card holder" to find



this item to continue your card playing pleasure. The price range for this item from various vendors is less than \$6.35. Have low vision? Try out **Extra Large Numbers & Suits** The larger front and pips on these cards make them easy to read for anyone with vision impairment. Search the words "large print playing cards". This item varies in price from \$7.99 - \$9.99 from online vendors.

Flexible Sun Reader

No need to take two pairs of eyeglasses outdoors. With these **Flexible Sun Reader**, you get both magnification and UV protection. The ultra lightweight frame comes with generously tinted lenses. Choose magnification: 2.5, 3.0, 3.5, 4.0, 4.5, 5.0 or 6.0. The price range for this item from various vendors is \$17.95- \$29.99. Search the words "flexible sun readers" to find a supplier of your choice.



Corn Stripper

The **RSVP Deluxe Corn Stripper** makes quick work of removing kernels from the cob and, best of all, when the kernels are stripped from the cob they are contained inside the cylinder.

The corn juices collect at the bottom of the container adding even more flavor to your chowders, soups or side dishes. Removes corn kernels from fresh, frozen (defrost first) or cooked corn on the cob. Measures 2 ¾" x 10 ½", constructed from durable plastic with an 18/8 stainless steel blade and dishwasher safe. To see how this tool works open the link: http://www.youtube.com/watch?v=OS_fvKArnKc.

The lowest price we found for this corn stripper for is \$17.99. Word search the words "corn stripper".



VENDOR RESOURCE LIST

- Active Forever: www.activeforever.com
1-800-377-8033
- Amazon: www.amazon.com
- Arthritis Supplies: www.ArthritisSupplies.com
1-800-750-0376
- Bright Life Directs: www.brightlifedirect.com
1-8977-545-8585
- Diabetic Shoe Hub: www.diabeticshoeshub.com
1-623-455-6258
- Dynamic-Living: www.dynamic-living.com
1-888-940-0605
- Elder Depot: www.elderdepot.com
1-800-910-7790
- Gold Violin: www.goldviolin.com
1-877-648-8400
- LS & S: www.Lssproducts.com
1-800-468-4789
- Maxi Aids: www.maxiaids.com
1-800-522-6294
- Medical Goods: www.medicalgoods.com
1-888-557-0256
- Sight Connection: www.sightconnection.com
1-800-458-4888
- Simple Comforts: www.simplecomforts.com
1-800-361-1440
- Solutions: www.solutions.com
1-877-718-7901
- Support Plus: www.supportplus.com
1-800-229-2910
- Target.com: www.target.com
- The Alzheimer's Store: www.alzstore.com
1-800-752-3238
- The CareGiver Partnership:
www.caregiverpartnership.com
1-800-985-1353
- Walgreens: www.walgreens.com
- Walmart: www.walmart.com

Products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various vendors, merchants and Web search before making your final choice. Mention of specific products is not an endorsement of these products. Product vendors provide no compensation or other benefit to Tools.

June Is:

- ▶ National Adopt a Cat Month
- ▶ National Fresh Fruit & Vegetables Month
- ▶ National Safety Month

Special Days in June 2014

- ▶ Father's Day, June 15th
- ▶ Summer Solstice, June 21st

Andy Griffith
June 1, 1928 – July 3, 2012

Andy Samuel Griffith was an American actor, television producer, Grammy Award-winning Southern –gospel singer, and writer.

"You know when you're young you think you will always be. As you become more fragile, you reflect and you realize how much comfort can come from the past. Hymns can carry you into the future". Andy Griffith

Assistive Technology Grooming Aids

Use for hands-free filing of nails. No need to hold nail file which can cause stress and pain on finger joints. The **Suction Emery Board** consists of two grades of emery cloth covering a 4" (10 cm) long board. Two suction cup feet keep the board stationary for hands-free filing of your nails. Another



handy item is the **Suction Cleaning Brush**. Ideal for one handed use. Helps you avoid tight grasping of cleaning brush which places undue stress on your fingers. Two large

suction cups "hold" the brush so you can clean nails, hands, or other items such as dentures. Nylon bristles (latex free) set in durable plastic. The third product we found is the **Nail Clippers with Magnifier and Light**. Ideal for people with less than perfect vision,



these nail clippers have a built-in magnifier to enable the user to see the finger and nail more clearly. The upper handle of the

clipper is attached to a broad pad, improving leverage and minimizing stress on your fingers.

Easy to use for people with poor hand strength. The built-in light ensures the nail can be clearly seen (requires two AAA batteries, not included). These and similar products are available from various online vendors for less than \$9.95. Word search "suction emery cleaning nail clippers magnifier" to find items that can assist you.



Colored Alert Kitchen Timer

With a quick glance toward the **Color Alert Kitchen Timer**, easily decide if you have time to fold your laundry without burning your cookies. The translucent dome pulses one of three different colors (green, yellow, and red) depending on how much time is left on the timer.



To set the timer, simply crank the dome to the desired time. When the time reaches zero, the alarm will sound and the dome will glow red for a full minute.

Choose between two versions: analog and digital. The brushed metal digital

version features a 12-hour digital clock as well as the ability to pause and restart the timer. There are a

several online suppliers that sale the **Color Alert Kitchen Timer**. Shop around to find the best price, search the words "Color Alert Timer Kitchen". The

price range for the digital timer from various suppliers is \$10.50- \$12.00.

The timer has a nonskid 4" diameter base and includes 2 AAA batteries.

For more information on how the timer works check out this link:

<http://www.youtube.com/watch?v=27IHIEcZsqU>.



Help Those With Low Vision See Fine Detail

The Reizen **Magnifying Table Lamp** is ideal for precise work at home, in the office, workshop or for performing any task where you would benefit from magnification plus a boost in light. 3.9-inch (100mm) diameter, 1.75x (3-diopter) lens with 4x (12-diopter) spot/inset lens. 30 LED's provide bright illumination. An adjustable arm and head let you position it exactly how you need it. The built-in lens shield protects lens and helps focus LED illumination when magnifier is not being used. Easy to see and operate The ON/OFF switch located on base. Sturdy base sits firmly on desk or table. The Lamp uses a standard 110v-120v 60Hz AC power. Comes with an 1-Year Manufacturer's Limited Warranty. Note: LED's are not replaceable. This magnifying lamp has an estimated life of about 5,000 hours. The price range for this item is \$39.95-\$59.95. Word search "magnifying table lamp" to found an low vision source to assist you with your projects.



A Pill Management System

Family members, caregivers, doctors and emergency responders will know immediately which medications you are taking. The **Pill Pouch** provides a complete visual of your daily regimen, dosage, and reason for taking each pill. It reduces confusion for everyone who cares for you. It can organize up to 8 prescriptions. Use it has a guide to fill your weekly pill dispenser. For more information check out the video at <http://www.pillpouch.net/> This item is offered for \$12.00. Word search "pill pouch medication" to see if this system will work for you.



This Newsletter is published by the
INDEPENDENT LIVING PARTNERSHIP
(ILP)

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



TOOLS for Independence™

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TOOLS for Independence™, is published monthly by the Independent Living Partnership. The Partnership is a non-profit, tax-exempt corporation. The educational programs of the Partnership are supported by sponsorships, grants, and the charitable contributions of individuals and organizations.

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TOOLS for Independence

Volume 6 Issue 6

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