

TOOLS for Independence™

MAKING YOUR LIFE AT HOME EASIER AND SAFER



November 2011

Brought to you by:

THE TOOLS FOR
INDEPENDENCE INITIATIVE
OF THE

**INDEPENDENT
LIVING
PARTNERSHIP**

On the web at:
www.LivingPartnership.org

Published by:

The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

Help Finding Assistive Technology—

Assistive Technology Network offers free information and referrals for assistive technology supplies, daily living devices, and community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit www.atnet.org.

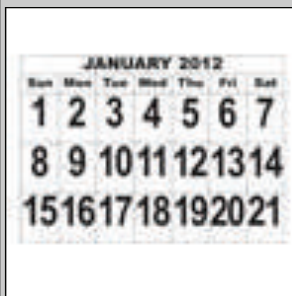
Device Helps Prevent Burns for Persons with Alzheimer's

In the later stages of Alzheimer's disease, it is much harder for the patient to communicate discomfort; they may experience pain but may not be able to tell someone. The **Anti-Scalding Device**—called a temperature activated flow reducer—is easy to install. Screw it on at the bathroom or kitchen sink, and the **Anti Scalding Device** turns off the water if the temperature gets too hot. What the vendor likes best about this product is that you can put your mind at ease, knowing that the chance of an accidental, severe burn is now greatly reduced. You can check it out at The Alzheimer's Store; it costs \$36.95. Visit www.alzstore.com or call 1-800-752-3238. Item # 0200.



Never Forget Another Appointment

The **Giant Print Calendar-2012** is designed to help anyone with limited vision or memory loss remember appointments, birthdays and special occasions. You can hang it on a wall for easy reference or keep it on your desk as a desktop calendar. It lies flat for writing and features 8.5" x 11" sheets that open to a full 11" x 17". When opened it shows you the entire month (days and dates) at a glance. It also features 1" high dates for easy reading and it includes ample space for writing important notes. It is available for \$8.95 at Maxi Aids. Call 1-800-522-6294 or visit www.maxiaids.com. Item # 19050-12.



To Our Valued Readers:

The purpose of this newsletter is to present products that appear promising for helping people remain independent. Mention of products is not an endorsement. Product manufacturers provide no compensation or other benefits to Tools.

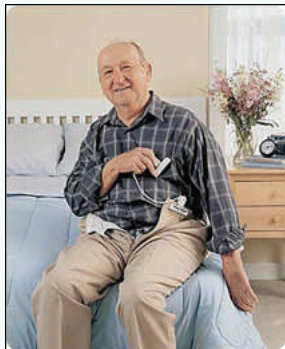
MONTH of NOVEMBER

Brings our **ATTENTION** not just to one but three reasons to be educated.

- ▶ American Diabetes Awareness Month ... contact American Diabetes Association: www.diabetes.org
- ▶ Alzheimer's Disease Awareness Month... contact Alzheimer's Association: www.alz.org
- ▶ Lung Cancer Awareness Month... contact Lung Cancer Alliance: www.lungcanceralliance.org

Pant Clip Helps you Dress More Easily

The **Pant Clip** is a simple but effective 3" clip that attaches to your pants and an upper garment while seated, then holds your pants up as you stand erect. The height cord adjustment is made by tying a knot in the cord. The **Pant Clip** keeps your pants or slacks from slipping down and then you having to bend over to retrieve them. This handy item is available for \$15.99 at Patterson Medical. Visit



www.Pattersonmedical.com
or call 1-800-323-5547.
Item # 2094.

For Women who Can Use Assistance Reaching or Bending

The **Lady's Extension Razor Holder** is designed to hold either an electric or a safety razor and will assist a person to shave their legs. The vendor says this tool is useful after a hip operation or for women with difficulty reaching or bending down. It can also be used to extend the reach of other tools, such as dusters, paintbrushes and more. The cost is \$27.99. You can check it out at Simple Comforts by calling 1-800-361-1440 or visit at www.simplecomforts.com. Item # 910.



Seat Cushion Helps You Sit Comfortably For Hours



Ease the stress and fatigue of prolonged sitting with the **Contour Freedom Seat Cushion**. The vendor says its anatomic shape and angled wedge design helps restore your lumbar curve and reduces strain on your lower spine. The high-density urethane foam composition distributes body weight more evenly to decrease pressure points and a breathable poly cover allows better air ventilation. Use the cushion on a wheelchair, car, plane or any home or office chair. This cushion measures 16" x 14" x 2" 1/2". Available for \$27.00 from Make Life Easier. Call 1-800-522-0227 or visit www.make-life-easier.com. Item # 25836.

Open That Jar if You Have Arthritis or Limited Hand Strength!

The **Open Up Jar Opener** is an electric jar opener that opens everything from two-liter soda bottles to full size jars. It mounts under a solid fixed cabinet or shelf. According to the vendor, the **Open Up Jar Opener** opens lids with its powerful electric motor using seven times the strength of the average human hand. It comes



with a 5' cord and a storage compartment that hides the cord when not in use. An accidental safety lock is also included to prevent operation by children. It is available for \$14.99 at Active Forever.

Visit

www.activeforever.com

or call 1-800-377-8033.

Item # A17348.

Syringe Guide Makes Insulin Injection Easier

The **VialDock Syringe Guide** offers a faster, easier way to withdraw the medicine from the vial. The clear polycarbonate device is designed to clamp onto the head of a medicine vial for quick insertion of the needle and syringe. Two open grooves on either side allow you to hold the syringe while extracting the medicine.

A built-in 2x magnifier makes it easier to read the calibrations to make sure the dosage is accurate. The vendor says this product ends squinting to read the calibrations and allows you to withdraw every last drop from the vial. The **Syringe Guide** costs \$9.00 at Make Life Easier. Call 1-800-522-0227 or visit www.make-life-easier.com. Item # 32991.



Hand Clip Offers Assistance with Grasping and Holding on to Small Objects

The **Utensil Hand Clip** is an excellent eating aid for people who are having trouble grasping and using utensils. Simply slide the utensil into the small plastic sleeve and the **Hand Clip** makes the utensil easier to grasp and use. The spring-action clip fits the hand snugly without pinching. Available at LS & S for \$8.45. Visit

www.lssproducts.com or call 1-800-468-4789. Item # 421119.



Check Out the **TOOLS Resource Center**

Our **TOOLS Resource Center** features links to organizations, other Web sites and groups that can provide you with useful information and help with your questions about assistive technology, care giving and independent living. The site also hosts updates and notes of interest, and a collection of back issues of the *TOOLS for Independence* newsletter. You can also take a survey and tell us how we can make **TOOLS** more helpful and useful for you.

Visit us at www.TOOLSforIndependence.org.

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TOOLS for IndependenceTM

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ILP works to ensure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.

Limit Heavy Lifting On Wash Day...

...with the **Laundry Trolley**. This wheeled cart lets you roll the laundry to the machine or clothesline without bending or heavy lifting. Made of a sturdy steel frame and heavy-duty plastic wheels,



It holds most square or oval laundry baskets. Just place your basket on the trolley and push. It weighs 8 lbs. and folds for storage. Assembly required. The cost is \$49.00 at Gold Violin. Visit www.goldviolin.com or call 1-877-648-8400. Item # 93337.

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