

# TOOLS for Independence™

*making your life at home easier and safer*



October 2016

**Brought to you by:**

THE TOOLS FOR  
INDEPENDENCE INITIATIVE  
OF THE

**INDEPENDENT  
LIVING  
PARTNERSHIP**

On the web at:  
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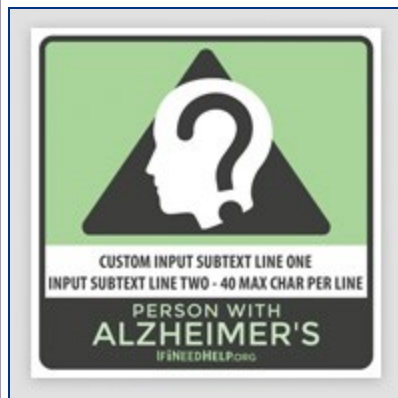
The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

## **Help Finding Assistive Technology—**

Ability Tools offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit <http://abilitytools.org/>

## **Know Where Your Loved One Is...**

...with the **Personal Werable QR codes**. These tags are designed for people with learning disabilities, Autism, Dementia, Alzheimer's and other related disabilities. It comes as a form of a barcode sticker that can be attached to the user clothes. Then the parent or caregiver creates a profile with the information of the user. People with a smart phone can scan the barcode in case the user is lost or important information is needed. The



QR code can be read by the free QR reader App on smart phones or the unique number can be entered into the website to view the profile. Please see attached presentation. Click on the link to view. <https://ifineedhelp.org/shop>. This website offers many ways and options to wear the **Werable QR codes** with prices starting at \$10.00.

## **A Dinner Time Convenience**

The **Eight-Piece Plate and Lid Set** is a set of divided plates with lids designed for use by individuals with upper extremity disabilities. Each plate is divided into three sections and goes from the refrigerator or freezer to microwave to table. Dishwasher and microwave safe plastic plate includes a vented lid. The plates are 9.25" in diameter and come in assorted colors. The online price range is \$12.95.– 19.95. Search the words "eight piece plate and lid set" to order from your preferred vendor.



## Enjoy Your Favorite Sport

The **Bowling Ball Pusher** is designed for wheelchair users. It is intended for people who want to bowl but are in a wheelchair, however you can use it standing too. The four pronged steel and aluminum guide rests gently on the alley floor while pushing the ball.

Plastic caps protect the floor surface and bowling ball. The ball



pusher measures 38" long and is adjustable up to 54" and weighs 4 pounds. This assistive technology tools can be found online by searching the words "bowling ball pusher". Online price range are from \$240.00 - \$275.00.

### October Is:

- ▶ National Adopt a Shelter Dog Month
- ▶ National Diabetes
- ▶ Lupus Awareness Month

### Special Days in October

- ▶ Columbus Day, 10th
- ▶ Halloween, 31st

### John Lennon

10/9/1940-12/8/1980

John Winston Ono Lennon, MBE was an English singer and songwriter who co-founded the Beatles, the most commercially successful band in the history of popular music.

*"All we are saying is give peace a chance".*  
**John Lennon**

## VENDOR RESOURCE LIST

Active Forever: [www.activeforever.com](http://www.activeforever.com)  
1-800-377-8033

AliMed: [www.alimed.com](http://www.alimed.com)  
1-800-225-2610

Amazon: [www.amazon.com](http://www.amazon.com)

Arthritis Supplies: [www.ArthritisSupplies.com](http://www.ArthritisSupplies.com)  
1-800-750-0376

Bright Life Directs: [www.brightlifedirect.com](http://www.brightlifedirect.com)  
1-8977-545-8585

Diabetic Shoe Hub: [www.diabeticshoeshub.com](http://www.diabeticshoeshub.com)  
1-623-455-6258

Dynamic-Living: [www.dynamic-living.com](http://www.dynamic-living.com)  
1-888-940-0605

Elder Depot: [www.elderdepot.com](http://www.elderdepot.com)  
1-800-910-7790

First Line Solutions: [www.firstlinesolutions.com](http://www.firstlinesolutions.com)  
1-909-227-9821

Gold Violin: [www.goldviolin.com](http://www.goldviolin.com)  
1-877-648-8400

Maxi Aids: [www.maxiaids.com](http://www.maxiaids.com)  
1-800-522-6294

Sight Connection: [www.sightconnection.com](http://www.sightconnection.com)  
1-800-458-4888

Simple Comforts: [www.simplecomfort.com](http://www.simplecomfort.com)  
1-800-361-1440

Solutions: [www.solutions.com](http://www.solutions.com)  
1-877-718-7901

Support Plus: [www.supportplus.com](http://www.supportplus.com)  
1-800-229-2910

Target.com: [www.target.com](http://www.target.com)  
1-800-591-3869

The Alzheimer's Store: [www.alzstore.com](http://www.alzstore.com)  
1-800-752-3238

The CareGiver Partnership:  
[www.caregiverpartnership.com](http://www.caregiverpartnership.com)  
1-800-985-1353

Walgreens: [www.walgreens.com](http://www.walgreens.com)  
1-800-925-4733

Walmart: [www.walmart.com](http://www.walmart.com)

**Products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various vendors, merchants and Web search before making your final choice. Mention of specific products is not an endorsement of these products. Product vendors provide no**

## A Little Extra Help

**Dog Backpacks** are designed for uses by individuals who have an animal companion to assist during daily routines. These saddlebag style backpacks allows the users dog to help carry necessities. It includes large pockets for food, water storage, and personal items. There are many styles and sizes of dog backpacks available for any size dog. Prices vary from \$25.00 to \$75.00. Search the words "dog backpack" to be prepared for your next outing.



## Don't Get Burned...

... install a **LED Faucet Light**. This assistive technology tool is designed for use by individuals who have difficulty judging the water temperature as a result of a nerve injury, cognitive issues, or Alzheimer's. As the water is dispensed through the faucet, the color changes according to the temperature of the water. Green light for cold water, blue for warm and red for hot water. To see more on how this tool works view the attached link. [LED Faucetlight](#). We found this tool online for \$4.99. Search the words "LED faucet light" to find a vendor of your choice. Prices start at \$4.99 for a battery free LED Faucet light.



## Stay Warmer This Winter

Here are a few examples of items to help keep you comfortable in the cold weather. **Heated Scarf** designed for use by individuals with limited mobility associated with



neurological involvement associated with cerebral palsy, multiple sclerosis, stroke, or just poor circulation. The scarf is wrapped around the neck and generates heat using 3 x AA batteries. **Toe-Warmers** are the ideal way to keep your toes and feet warm. Perfect for popping into a boot, sock or slipper, toe warmers are a useful, portable source of heat. Pop open the disposable pack to release the heat source. With an adhesive surface on one side, the toe warmers can be securely attached to your socks or shoes to prevent



them from slipping around, providing you with constant heat for up to six hours. **Heated Gloves**. The battery operated heating elements on back of the glove help to keep your hands warm and can be easily switched on and off at your convenience to help preserve the battery life. The touchscreen fingertips mean you can use your touchscreen device without removing your gloves. Search the words "heated scarf, gloves, toe warmers" to find the products and vendors of your choice. Prices vary per product and vendor. Shop around to get your winter comfort.





## Increase Trunk Stabilization...

...with the **Handhold Trunk Stabilizer**.

The stabilizer encourages coordination when eating, reading, writing, playing activities and using augmentative communication devices. It's useful for anyone experiencing a lack of trunk stability. Gripping the **Handhold Trunk Stabilizer** with one hand helps keep the trunk more stable, promoting better coordination



while performing daily activities. The handhold can be used on any smooth, hard surface. It is 1" in diameter x 6" long, the 4 inch diameter suction cup provides the necessary

suction when the user is pulling up on the handhold. The online purchase price is \$35.00. Search "handhold trunk stabilizer" to view this and other like products.

## Is It Day Or Night Time?

**Round Day/Night Clock** is designed for use by individuals with memory and cognitive impairments associated with dementia and Alzheimer's in which their ability to reason accurately the time of day

(i.e. is it 10 o'clock in the evening versus 10 o'clock in the morning).

The clock has graphics that turn with the hour hand displaying light blue, white clouds and mid-day sun to help illustrate daytime and dark blue, stars and crescent moon at midnight for night time. The hands are distinct from one another. For examples, it helps users to distinguish 12:20 from 4:00. Uses 1AA Battery. We found this clock for \$44.95 online. Search the words "round day, night clock" to find the time piece that suits our needs.



This Newsletter is published by the  
**INDEPENDENT LIVING PARTNERSHIP**  
(ILP)

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



**TOOLS for Independence**™

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### NOTICE

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### **TOOLS for Independence**

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