



December 2013

**Brought to you by:**

THE TOOLS FOR  
INDEPENDENCE INITIATIVE  
OF THE

**INDEPENDENT  
LIVING  
PARTNERSHIP**

On the web at:  
[www.ILPconnect.com](http://www.ILPconnect.com)

**Published by:**

The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

## **Help Finding Assistive Technology—**

Assistive Technology Network offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit [www.atnet.org](http://www.atnet.org).

## **Hear The Correct Dosage Instructions**

Designed and patented by a pharmacist and a physician, The **Talking RX** is a revolutionary tool that helps patients take their medications as prescribed. The portable and re-useable device attaches to and fits common prescription bottles. Through its built-in digital memo recorder, **Talking RX** provides up to sixty seconds of recorded instructions about the medical prescription: when to take the medicine, how to take it, and other important information from a patient's physician or caregiver. For Example: "Mom, this is your arthritis medication; make sure you take it with food so it doesn't upset your stomach." The patient plays back these instructions by pressing the raised red button on the side of the **Talking RX** device. The voice message plays back in 80-85 db, ideal for senior who are hard of hearing. This item is available online from various suppliers that sell AT products for \$18.95-\$41.13. Search the words "talking Rx pill bottle" to find a supplier of your choice.



## **Maintain Healthy Hands...**

...by exercising with silicone putty. It's an convenient way to maintain hand function. The vendor says the **Hand Exercise Putty** is soft and airy, making it easy to squeeze, pinch and stretch as you work your muscles. The price range for this item from various vendors is \$3.99-\$6.99. Search the words "hand putty exercise therapy."



## Cool Touch Microwave Bowl

Even though your food is piping hot, this **Cool Touch Microwave Bowl** stays cool. The interior ceramic bowl heats food while the exterior plastic bowl with easy grip handles lets you grab meals straight out of the microwave. The lid prevents splatters for easy clean up. Also doubles as a storage container. Microwave soup bowl set includes 24-oz. ceramic bowl, plastic holder and vented lid. The lowest price we found for this item is \$9.99. Search the words "cool touch microwave bowl" to find your bowl.



### December Is:

- ▶ National Drunk & Drugged Driving Prevention Month

### Special Days in December

- ▶ Pearl Harbor Day, December 7th
- ▶ Hanukkah, December 8th
- ▶ Christmas Day, December 25th
- ▶ New Year's Eve, December 31st
- ▶ J. Paul Getty Birthday, Dec.15, 1892

J. Paul Getty died of heart failure on 6/6/1976. His expansive art collection is displayed at the J. Paul Getty Museum in Los Angeles CA. Upon his death, Getty bequeathed \$1.2 billion to his charitable trust, the Getty Foundation, to be used toward endowment of the arts.

### VENDOR RESOURCE LIST

- Active Forever: [www.activeforever.com](http://www.activeforever.com)  
1-800-377-8033
- Active Medical: [www.activemedical.com](http://www.activemedical.com)  
1-866-866-2700
- Amazon: [www.amazon.com](http://www.amazon.com)
- Arthritis Supplies: [www.ArthritisSupplies.com](http://www.ArthritisSupplies.com)  
1-800-750-0376
- Bright Life Directs: [www.brightlifedirect.com](http://www.brightlifedirect.com)  
1-8977-545-8585
- Diabetic Shoe Hub: [www.diabeticshoeshub.com](http://www.diabeticshoeshub.com)  
1-623-455-6258
- Dynamic-Living: [www.dynamic-living.com](http://www.dynamic-living.com)  
1-888-940-0605
- Elder Depot: [www.elderdepot.com](http://www.elderdepot.com)  
1-800-910-7790
- Gold Violin: [www.goldviolin.com](http://www.goldviolin.com)  
1-877-648-8400
- LS & S: [www.Lssproducts.com](http://www.Lssproducts.com)  
1-800-468-4789
- Make Life Easier: [www.make-life-easier.com](http://www.make-life-easier.com)
- Maxi Aids: [www.maxiaids.com](http://www.maxiaids.com)  
1-800-522-6294
- Sight Connection: [www.sightconnection.com](http://www.sightconnection.com)  
1-800-458-4888
- Silverts: [www.silverts.com](http://www.silverts.com)
- Simple Comforts: [www.simplecomforts.com](http://www.simplecomforts.com)  
1-800-361-1440
- Solutions: [www.solutions.com](http://www.solutions.com)  
1-877-718-7901
- Support Plus: [www.supportplus.com](http://www.supportplus.com)  
1-800-229-2910
- The Alzheimer's Store: [www.alzstore.com](http://www.alzstore.com)  
1-800-752-3238
- The CareGiver Partnership:  
[www.caregiverpartnership.com](http://www.caregiverpartnership.com)  
1-800-985-1353
- Walgreens: [www.walgreens.com](http://www.walgreens.com)
- Walmart: [www.walmart.com](http://www.walmart.com)

**All of the products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various vendors, merchants and Web search before making your final choice.**

**Mention of specific products is not an endorsement of these products. Product vendors provide no compensation or other benefit to Tools.**

## Attractive Ladybug Pendant Magnifiers

Some people believe that ladybugs bring good luck. These lovely ladybug designs show vibrant colors and are a great for a quick magnification on the go. The vendor says the 1.25" lens size and 3X magnifiers on a 28" chain are fun, practical, and good



looking. With the pendent design you can make sure you don't lose your magnifier, it's always around your neck. Use it to check medication bottles, menus, and price tags without wearing your reading glasses. We found these **Ladybug Pendants** on line for \$14.95.

There are similar pendant style magnifiers available; word

search "ladybug pendant magnifier" to find a supplier of your choice, so you will have good views and good luck.



## No Need To Worry About Slicing Your Fingers When You Chop

**Safe Slice Knife Finger Guard** keeps fingers safe from sharp knives. The vendor says this is the perfect tool for protecting fingers. Just slip your index finger and thumb into its thimble-like pockets; a textured gripping surface holds foods firmly while a flexible body protects your hand and fingers. It's hand washable and 3" wide x 3 1/2" high. The lowest price we found this item for is \$2.98. Word search "safe slice knife finger guard."



Another handy finger guard is the **Bagel Holder Slicer**. The acrylic bagel holder slicer securely grips a bagel while you safely slice lengthwise through the handy side slots. The vendor says even those with limited hand dexterity can slice easily with this

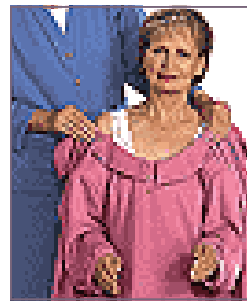
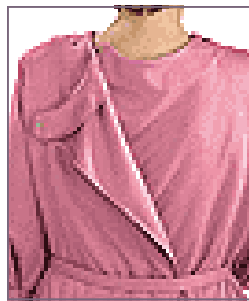
bagel cutter. It's 4 1/2" long x 2" wide x 4 1/4" high, easy to wash and top-rack dishwasher safe. This and similar products are available from various online suppliers that sell assistive technology for less than \$4.99. Search the words "bagel cutter holder" to find an online supplier.



# Benefits of Clothing, Apparel and Footwear Created for Persons with Disabilities:

Disability clothing features Easy Touch zippers, hook and eyes, and Velcro brand closures. Generous cuts and sizing provides the wearer with greater ease of movement and greatly reduces the frustration of limited-mobility dressing. Ease-of-dressing features aid in reducing falls by allowing the wearer to dress from a seated position. Skid-resistant shoes, slippers and socks provide the wearer with greater traction whether walking or transferring in and out of wheelchairs or other seating. Best of all, disability clothing provides the convenience of dressing without anyone ever knowing you're wearing special-needs clothing. You have fashion and functionality all in one. Search the names below to find vendors that can provide you with more information on clothing and footwear.

*Clothes for the Disabled ,Adaptive Clothing ,Easy Accessing Clothing, Handicap Clothing, Adaptive Apparel, Senior Clothing, Homecare Clothing, VELCRO® Clothing*



This Newsletter is published by the  
**INDEPENDENT LIVING PARTNERSHIP**  
(ILP)

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



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