



April 2013

Brought to you by:

THE TOOLS FOR
INDEPENDENCE INITIATIVE
OF THE

**INDEPENDENT
LIVING
PARTNERSHIP**

On the web at:
www.ILPconnect.com

Published by:

The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

Help Finding Assistive Technology—

Assistive Technology Network offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit www.atnet.org.

Soap at The Push of a Button

The **Trio Dispenser** is a fast and incredibly easy way to avoid bottle clutter, leaving your bathroom more manageable. This is a good tool for anyone who has arthritis or is having trouble handling and squeezing the bottles. Three high-capacity compartments hold anything from shampoos to lotions to body wash, and each container is equipped with a large push-button pump. Each pre-measured pump delivers the correct amount of product every time. The dispenser can fit on a flat surface or at the corners of the shower stall. It installs without tools (brackets included). The dispenser lifts off the wall bracket for easy filling. Clear coated labels



make it easy to identify what items are what. The **Trio Dispenser** is available online from

various vendors that sell AT products for \$18.95- \$22.95. Word search the words “trio soap dispenser” to decide if this tool will be right one to meet your needs.

These Slippers Feel So Good

These Extra, Extra Wide Women's Slippers accommodate even the most swollen feet and swollen ankles in fabulous comfort. The wide-width slipper opening has *Easy Touch* closure and



skid-resistant non-slip slipper soles. Memory foam insoles offer the ultimate in comfort. And an anti-bacterial feature controls odor and stains. They're terrific for anyone with diabetes, arthritis or lowered hand dexterity. These extra-wide width women's bedroom or house slippers are perfect for comfortable casual use in the home. The price range for this item from various vendors is \$19.95- \$49.95. To find your slippers word search “adapted slippers diabetes”.

AAA Senior Driving

AAA is dedicated to keeping seniors driving for as long as safely possible. It is also committed to promoting viable transportation options for seniors who can no longer drive independently. This website senior.driving.aaa.com is intended to provide users with general information to help them better understand the traffic safety implications of certain health conditions and human behaviors. The information is not medical advice. Consult with your doctor before altering any medications or driving, or if you have specific medical questions or think you may be suffering from any medical condition. The American Automobile Association, Inc., its affiliated motor clubs, and the AAA Foundation for Traffic Safety assume no liability for, and make no representations or warranties — express or implied — with respect to, the information on this web site.

April is:

- ▶ National Autism Awareness Month
- ▶ National Poetry Month

Special Days in April

- ▶ Holocaust Remembrance Day, April 7th
- ▶ Tax Day, April 15th
- ▶ Earth Day, April 22nd

Robert Bailey Thomas
1766-1846

American journalist, he was the founder and long-time editor (1792–1846) of *The Farmer's Almanac*[k] (later *The Old Farmer's Almanac*[k]). The work, which still has a new edition each year, has proven to be the most durable periodical in American publishing. The last important representative of a genre that in the 18th century attracted the efforts of up to 200 separate almanac-makers, *The Old Farmer's Almanac* still provides its readers with a mixture of astrology, weather lore, practical farming, and anecdotes of homespun New England wit.

VENDOR RESOURCE LIST

- Active Forever: www.activeforever.com
1-800-377-8033
- Active Medical: www.activemedical.com
1-866-866-2700
- Amazon: www.amazon.com
- Arthritis Supplies: www.ArthritisSupplies.com
1-800-750-0376
- Body Back Buddy: www.bodybackbuddy.com
1-877-601-9118
- Bright Life Directs: www.brightlifedirect.com
1-8977-545-8585
- Bruce Medical: www.brucemedical.com
1-800-225-8446
- Dynamic-Living: www.dynamic-living.com
1-888-940-0605
- Elder Depot: www.elderdepot.com
1-800-910-7790
- Gold Violin: www.goldviolin.com
1-877-648-8400
- LS & S: www.Lssproducts.com
1-800-468-4789
- Make Life Easier: www.make-life-easier.com
- Maxi Aids: www.maxiaids.com
1-800-522-6294
- Overstock.com: www.overstock.com
- Sight Connection: www.sightconnection.com
1-800-458-4888
- Silverts: www.silverts.com
- Simple Comforts: www.simplecomforts.com
1-800-361-1440
- Solutions: www.solutions.com
1-877-718-7901
- Support Plus: www.supportplus.com
1-800-229-2910
- The Alzheimer's Store: www.alzstore.com
1-800-752-3238
- Walgreens: www.walgreens.com
- Walmart: www.walmart.com

All of the products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various vendors, merchants and Web search before making your final choice.

Mention of specific products is not an endorsement of these products. Product vendors provide no compensation or other benefit to Tools.

Easy Reach Lotion Applicator

The **Easy Reach Lotion Applicator** is a long-handled applicator that features a large surface area to help completely and efficiently apply lotions, topical creams or sun screen to the whole body. The contoured handle helps you reach all the hard-to-reach places, while the handy non-absorbent applicator is padded to ensure accurate and complete coverage wherever it is needed. This is an ideal accessory for anyone who suffer from a physical limitations or who is recovering from surgery. The vendor claims that the **Easy Reach Lotion Applicator** allows for freedom and independence around the house. The washable applicator pad cleans up with plain soap and water. These and similar products are available from various online vendors for less than \$10.00 Word search "lotion applicator" to find the tool best suited to your needs.



Reduce Leaf Clean-Up Time and Effort...

...with the **Leaf Loader**, one of the most innovative, cost-effective and practical devices to hit the market according to the vendor. It's ideal for people suffering with arthritis pain and back issues. By reducing strain on the neck and back, the **Leaf Loader** allows you to work smarter, not harder. Waterproof and simple to clean, the **Leaf Loader** can also be used to disperse mulch, fertilizer and compost around the garden with ease. With a simple twist, the **Leaf Loader** folds flat for easy storage. The vendor says it's twice as effective as a tarp, and the 4-foot wide, spring-loaded **Leaf Loader** tool can be adjusted to fit almost any sized cans and bags. The **Leaf Loader** works much like a large funnel, directing yard waste to the bottom of the bag or trash can. This method compresses the waste as it is raked, completely avoiding the 'smash and stomp' typically associated with cleaning up yard waste. You can find this tool online by searching the words "leaf loader" These and similar products are available from various online vendors from \$24.95-\$35.95.



Stop Reaching For The Potholder

Keep your hands safe from burns with the **Stay Cool Grip**, a secure, convenient alternative to traditional potholder and oven mitts. Designed for a range of handles sizes, simply slip the durable heavy-duty silicone over the pot handle and you will be able to get a good grip without worrying about getting burned. Word search “Stay cool grip hot pots”.



This product sells for \$6.95. Also available are **Cool Touch Pot and Pan lid Grips Handle Covers** made for hot metal lid handles. They're made of black rubber composite material, and are latex-free and BPA-free. Just squeeze the grip to place on the handle on the lid.

Note: They are not intended for microwave, broiler or oven use. We found this item for \$12.95 for a set of 3 grips. There are similar grips available from various

online vendors. Search the words “lid handle grips” to find the grips that work best for you.



The Mobility Project...

...can help you meet your growing independence and accessibility needs. Whether you're aging with a disability or are experiencing decreasing mobility as you grow older, the Project's resources can help you to stay active and safe in your home and community. *What we like about this web site:* The variety of available online brain games and word searches. When you visit the website www.themobilityproject.com, click on the “&More” tab and start exercising your brain!

This Newsletter is published by the
**INDEPENDENT LIVING PARTNERSHIP
(ILP)**

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



TOOLS for Independence™

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