

# TOOLS for Independence™

*making your life at home easier and safer*



January 2014

**Brought to you by:**

THE TOOLS FOR  
INDEPENDENCE INITIATIVE  
OF THE

**INDEPENDENT  
LIVING  
PARTNERSHIP**

On the web at:  
[www.ILPconnect.com](http://www.ILPconnect.com)

**Published by:**

The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

## **Help Finding Assistive Technology—**

Assistive Technology Network offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit [www.atnet.org](http://www.atnet.org).

## **Keep Your Place and Magnify What You Are Reading**

This is the perfect guide for those with low vision. The **EZ Magnibar** has either an aqua or yellow tracker line; when placed on text, it helps prevent the reader from losing their place. In addition, since it is a magnifying bar, the text is 1.5 times larger, making it easier to see. The **Magnibar** comes in two lengths, 6" or 9" and is 1" wide with the tracker line being 1/4" wide. The highlight line is tall enough to typically hold one line of standard text. Just slide the bar up, down, left or right to continue reading. The bar is made of clear, sturdy lucite. These and similar products are available from various online suppliers for less than \$4.95. Search the words "EZ Magnibar" to find your reading aid.



## **Easy-To-Open, Stackable Canisters**

**Click Clack Canisters** are ergonomically designed lids that



features soft-touch, squeeze toggles for easy, one-handed opening and closing. Airtight seals keep food fresh longer and they stack easily for efficient storage. Unbreakable, dishwasher and microwave safe, they are a must for anyone with dexterity or vision impairments. The

price range of various size canisters and vendors is \$9.31 to \$15.55. Search the words "click clack canisters one handed" to find a supplier near you.

## Extra Wide Talking Scale

This **Talking Scale** has a 550 lb. weight capacity with an extra wide tempered glass top and a stable weighing platform. There is a two-person memory feature, with an easy to hear voice. The scale features a large LCD display and a low-battery indicator. The vendor says this is a great AT product for the visually impaired. The lowest price we found for this scale is \$39.95. Search the words "weight talking scale wide" to find a weight scale that best suits your needs.



## January Is:

- ▶ National Glaucoma Awareness Month
- ▶ National Mentoring Month

## Special Days in January

- ▶ New Year's Day January 1
- ▶ Martin Luther King Jr. Birthday 1/21
- ▶ Paul Leonard Newman January 26, 1925 – September 26, 2008

**Paul Leonard Newman** was an American actor, film director, entrepreneur, humanitarian, professional racing driver, auto racing team owner and auto racing enthusiast.

"I had no natural gift to be anything -not an athlete, not an actor, not a writer, not a director, a painter of garden porches -not anything. So I've worked really hard, because nothing ever came easily to me". Paul Newman

Newman was a co-founder of "Newman's Own" food company from which all post-tax profits and royalties were donated to charity. As of 2013 these donations exceeded \$380 million dollars.

## VENDOR RESOURCE LIST

Active Forever: [www.activeforever.com](http://www.activeforever.com)

1-800-377-8033

Active Medical: [www.activemedical.com](http://www.activemedical.com)

1-866-866-2700

Amazon: [www.amazon.com](http://www.amazon.com)

Arthritis Supplies: [www.ArthritisSupplies.com](http://www.ArthritisSupplies.com)

1-800-750-0376

Bright Life Directs: [www.brightlifedirect.com](http://www.brightlifedirect.com)

1-8977-545-8585

Diabetic Shoe Hub: [www.diabeticshoeshub.com](http://www.diabeticshoeshub.com)

1-623-455-6258

Dynamic-Living: [www.dynamic-living.com](http://www.dynamic-living.com)

1-888-940-0605

Elder Depot: [www.elderdepot.com](http://www.elderdepot.com)

1-800-910-7790

Gold Violin: [www.goldviolin.com](http://www.goldviolin.com)

1-877-648-8400

LS & S: [www.Lssproducts.com](http://www.Lssproducts.com)

1-800-468-4789

Make Life Easier: [www.make-life-easier.com](http://www.make-life-easier.com)

Maxi Aids: [www.maxiaids.com](http://www.maxiaids.com)

1-800-522-6294

Sight Connection: [www.sightconnection.com](http://www.sightconnection.com)

1-800-458-4888

Silverts: [www.silverts.com](http://www.silverts.com)

Simple Comforts: [www.simplecomforts.com](http://www.simplecomforts.com)

1-800-361-1440

Solutions: [www.solutions.com](http://www.solutions.com)

1-877-718-7901

Support Plus: [www.supportplus.com](http://www.supportplus.com)

1-800-229-2910

The Alzheimer's Store: [www.alzstore.com](http://www.alzstore.com)

1-800-752-3238

The CareGiver Partnership:

[www.caregiverpartnership.com](http://www.caregiverpartnership.com)

1-800-985-1353

Walgreens: [www.walgreens.com](http://www.walgreens.com)

Walmart: [www.walmart.com](http://www.walmart.com)

**All of the products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various vendors, merchants and Web search before making your final choice.**

**Mention of specific products is not an endorsement of these products. Product vendors provide no compensation or other benefit to *Tools*.**

## Get Your Tickets to the POLO Adventure

Sunday, February 16, 2014

at the Empire Polo Club in Indio

*Mexican Fiesta Lunch – 4 Night Stay in Beach Front*

*Condo in Kauai Door Prize – Silent Auction of Upscale*

*Treasures – Raffles Chances for Great Prizes*

*– a VIP Opportunity to Watch Professional Polo*

*– and Learn How the Game is Played!*

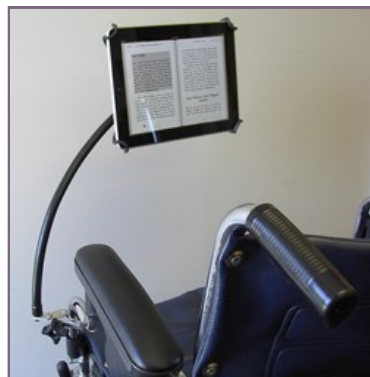


I know you've been thinking about something special to do on President's weekend in February. The weather in the Coachella Valley will be really excellent and enjoying a beautiful outside experience would be perfect. - May we recommend going to the ILP *Polo Adventure Party* at the Empire Polo Club in Indio? That is where we will be having lunch, watching polo matches, winning upscale raffles, and having fun.

*Join us for a time to remember!!*

## Tablet Computer Holder

The **Tab Grabber** provides wheelchair users with the interactive experience of a tablet computer or eReader without having to hold the device. The **Tab Grabber** base clamp is designed specifically for mounting to a wheelchair frame.



The gooseneck arm is flexible for optimal positioning yet holds firmly in place for touch screen use. The **Tab Grabber** easily swings out of the way when entering or exiting the wheelchair. The multi-axis rotating head can be adjusted to any viewing orientation. The retractable clips will extend to fit any size tablet and can be attached either to the corners or anywhere along the edges of the device. The price range for this item from various suppliers is \$75.00. Click on this link <http://www.youtube.com/watch?v=PmQlzJr1qfw> to view a "You Tube Video" featuring the Tab Grabber.

Besides publishing *Tools for Independence*, **Independent Living Partnership** offers the **TRIP Transportation Program** for residents of Riverside County, California. **TRIP** offers a stipend to their volunteer drivers who are transporting seniors and persons with disabilities to doctor's appointments, grocery shopping, and for other needs. For more information on this program, contact us any time with comments or questions at [editor@ToolsforIndependence.com](mailto:editor@ToolsforIndependence.com) or call 951-653-0740 x 21



## This Gadget Becomes a “Stirr” for Every Pot!

The **Stirr** “walks” around the pot, blending flavors and keeping ingredients from sticking or clumping, in effect stirring so you don’t have to. The vendor says the soft padded feet won’t scratch so it’s safe for nonstick pots or pans. There’s even a paddle that sweeps across the bottom of the pot. Constructed of nylon and silicone, the **Stirr** is operated by (4) AA batteries (not included) and features three operating speeds. And according to the vendor, the detachable blades are dishwasher safe. The **Stirr** measures approximately 7-1/8” high x 3-1/2” in diameter. This item is available online from various vendors that sell AT products for \$29.95- \$36.95. Search the words “pot stir kitchen” to get your helping hand in the kitchen.



### ***Check Out the TOOLS Resource Center***

Our TOOLS Resource Center features links to organizations, other Web sites and groups that can provide you with useful information. Visit us at [www.TOOLSforIndependence.org](http://www.TOOLSforIndependence.org).

## It’s Just Like Having a Extra Pair of Hands

The **Baggy Rack** is ideal for filling plastic baggies with sauce, soup or cereal because it holds the plastic bags upright and open so they are always easy to fill. The vendor says with this gadget, plastic baggies will never “slump” and spill contents on the counter, and will always stay upright while you work. The rack telescopes to a full “10” to accommodate sandwich, quart and gallon-sized bags. A set of two **Baggy Racks** costs \$9.95. Search the words “baggy racks” to find a little extra help.



This Newsletter is published by the  
**INDEPENDENT LIVING PARTNERSHIP  
(ILP)**

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



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#### **NOTICE**

**TOOLS for Independence™**, the Independent Living Partnership, and the distributor do not endorse, recommend or assume responsibility for any products referenced in this publication and are responsible only for the information presented. Product performance claims are those of the manufacturers. Prices quoted are subject to change without notice. Check with the merchant you select for current pricing.

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