

TOOLS for Independence™

MAKING YOUR LIFE AT HOME EASIER AND SAFER



July 2014

Brought to you by:

THE TOOLS FOR
INDEPENDENCE INITIATIVE
OF THE

**INDEPENDENT
LIVING
PARTNERSHIP**

On the web at:
www.ILPconnect.com

Published by:

The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

Help Finding Assistive Technology—

Assistive Technology Network offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit www.atnet.org.

Just Pull, Press and Wrap

Wrap food in a jiffy with this super smart dispenser. The Wraptastic is time-saving and hassle-free device holds standard rolls of foil, wax paper and plastic up to 200'. Simple to use, just insert end caps into the roll, then load it into the dispenser. Pull out the amount of wrap needed. Press the top down and wrap. It's that quick. Wraps won't stick together, bunch or tangle. And unit's stainless steel blade cuts cleanly so there's no uneven tearing or waste. Plus, the blade is concealed so no cut fingers either. Spring-loaded end caps make it easy to pop different rolls in and out. Made of plastic with nonslip rubber feet, dispenser is dishwasher-safe and fits in most kitchen drawers. The lowest price we found for this item is \$7.00. Search the words "wraptastic" to find this handy kitchen helper or check out the link to view the video <http://www.asseenontv.com/wraptastic/detail.php?p=432964>.



Never Pull Out A Dictionary Again

This super thin **Electronic Bookmark** keeps your place in your favorite book and stores 42,500 definitions at your fingertips. Just type the word on the keypad, press "Ok" and the meaning pops up on a LCD screen. Battery included. This bookmark comes in your choice of pink, white or grey. Search the words "dictionary bookmark electronic" to find a bookmark that best suits your needs. This and similar products are available from various suppliers for \$36.95-\$39.95.



Prevent Burned Fingers With Corn-On-The-Cob Holders...

... you put on the corn cob before cooking. You



can boil or microwave corn cobs with these **Cool touch corn-on-the-cob picks**. They come in a set of 4. The picks are cool to the touch right out of the pot and are dishwasher safe. Search the words "cool touch corn picks". The lowest price we found this item for \$10.95.

July Is:

- ▶ National Juvenile Arthritis Month
- ▶ National Social Wellness Month
- ▶ National Recreation & Parks Month

Special Days in July 2014

- ▶ Independence Day, July 4th

Mervyn Edward "Merv" Griffin, Jr.

July 6, 1925 – August 12, 2007

Merv Griffin, was an American television host, musician, actor and a media mogul. From 1965 to 1986 Griffin hosted his own talk show. He also created the game shows, Jeopardy and Wheel of Fortune.

"That my business success is equal to my personal life". Merv Griffin

VENDOR RESOURCE LIST

Active Forever: www.activeforever.com
1-800-377-8033

Amazon: www.amazon.com

Arthritis Supplies: www.ArthritisSupplies.com
1-800-750-0376

Bright Life Directs: www.brightlifedirect.com
1-8977-545-8585

Diabetic Shoe Hub: www.diabeticshoeshub.com
1-623-455-6258

Dynamic-Living: www.dynamic-living.com
1-888-940-0605

Elder Depot: www.elderdepot.com
1-800-910-7790

Gold Violin: www.goldviolin.com
1-877-648-8400

LS & S: www.Lssproducts.com
1-800-468-4789

Maxi Aids: www.maxiaids.com
1-800-522-6294

Medical Goods: www.medicalgoods.com
1-888-557-0256

Sight Connection: www.sightconnection.com
1-800-458-4888

Simple Comforts: www.simplecomforts.com
1-800-361-1440

Solutions: www.solutions.com
1-877-718-7901

Support Plus: www.supportplus.com
1-800-229-2910

Target.com: www.target.com

The Alzheimer's Store: www.alzstore.com
1-800-752-3238

The CareGiver Partnership:
www.caregiverpartnership.com
1-800-985-1353

Walgreens: www.walgreens.com

Walmart: www.walmart.com

Products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various vendors, merchants and Web search before making your final choice. Mention of specific products is not an endorsement of these products. Product vendors provide no compensation or other benefit to Tools.

Here's A Device To Assist With Your Footwear

The **Shoe Boot Assist** is a new device designed to help people who have difficulty putting on and taking off footwear due to arthritis, limited or painful mobility. This helpful dressing aid eliminates the need to stretch down to the feet. Just slip the gripper of **Shoe Boot Assist** onto the back of the footwear. Then step into the footwear, pull up on the handle to grip the heel counter while sliding your heel into the footwear. To remove footwear, place the bootjack on the heel and push down. This shoe helper is easy to use, weighs just over 1 pound, and requires a minimum of gripping strength. The handle allows the fingers to work together to easily squeeze the handle. The gripper works perfectly with shoes, boots, galoshes and slippers. Seniors, people with bad backs, pregnant women, those with hip replacements, arthritis, or anyone confined to a wheelchair will find this long handle shoe assist will help make putting on shoes easier. The **Shoe Boot Assist** measures 27.5 inches long, 4 inches wide, and 6 inches high. Simple assembly is required to attach the bootjack to the shaft. To view a video of the **Shoe Boot Assist**, click on the link <http://www.arthritissupplies.com/shoe-boot-assist.html> . We found this assistive technology tool on line for \$32.95.



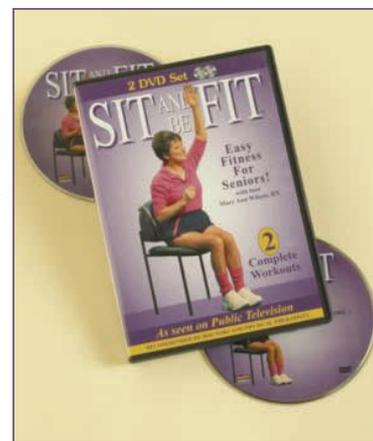
Added Security For Your Home

Guard against home break-ins with **Dead Bolt Secure**. This easy-to-use device flips over your latch and ensures the knob on your dead bolt can't be turned from the outside even with bump keys, lock picking tools or a stolen key. Made of solid steel for durability and security, it installs in moments. Simply loosen the screws holding your dead bolt in place, slide unit behind the plate, retighten the screws and you are done. The vendor says it is an affordable addition to your home security, device works with most dead bolts. Search the words "deadbolt secure" to see this deadbolt and many other types of deadbolts. The price range price for this deadbolt is \$8.00 to \$12.95.



Relax And Enjoy Exercising

Registered nurse and senior fitness expert Mary Ann Wilson guides you through a fun and relaxing exercise program in our **Sit And Be Fit 2-DVD set**. There are no strenuous movements, just gentle exercises done to music while sitting or standing. Recommended by doctors and physical therapists for everyone from the physically active to the physically frail, the in color DVDs offer two complete full-body workouts that help improve core strength, flexibility, balance, coordination, circulation and reaction time. To find a copy of the DVD search the words **Sit And Be Fit 2-DVD set** The price range from a variety of vendors is \$12.00- \$15.95.



Eliminate The Need To Bend...

...while cleaning the cat's litter box. Put distance between you and your cat's litter box. Durable polypropylene extension scoop eliminates the need to bend. Saves strain on



back. To extend handle, just unfold. It locks in place. When done, press locking tab and handle folds down. The extension is detachable for short handle use as well. Measures about 16½" when detached/folded. Extends to about 26", Makes for easy storage. The extra-

large scoop has back containment reservoir to maximize capacity and is 6¼" wide. Search the words "extended detachable litter scoop" to find a supplier of your choice. The lowest price we found this helpful tool for is \$6.00.

Turn On Lights With Your Foot

A simple tap on this **12' Indoor Extension Cord** lets you conveniently turn electrical items on and off. No more bending over to plug or unplug cords or trying to reach into those hard-to-access areas. With an easy-to-get-to inline foot switch, a simple press on the switch with your foot and you can turn on up to three outlets. The cord is generously sized at about 12' long and all outlets are polarized for safety. Able to handle up to a maximum load of 1250 watts, it's handy for use with floor or table lamps, fans and more. In addition, it offers the perfect solution to holiday lights on your Christmas tree and other decorative lighting needs. UL-listed. Search words "12' indoor extension cord foot switch"



This item is available from various suppliers for \$4.00 to \$10.00.

This Newsletter is published by the
INDEPENDENT LIVING PARTNERSHIP
(ILP)

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



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