

TOOLS for Independence™

making your life at home easier and safer



December 2015

Brought to you by:

THE TOOLS FOR
INDEPENDENCE INITIATIVE
OF THE

**INDEPENDENT
LIVING
PARTNERSHIP**

On the web at:
www.ILPconnect.org

Published by:

The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

Help Finding Assistive Technology—

Ability Tools offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit <http://abilitytools.org/>

See More Clearly...

...with a **Full-Page Magnification Lamp**. You'll appreciate the large lens with 5X magnification that makes it easy to read a full magazine or book page. The full page magnification lamp provides the close-up view you want when reading, paying bills, or doing anything where you need a little extra help seeing. The flexible gooseneck makes it easy to adjust the lamp when you sitting down or standing. Available in a table lamp or floor lamp styles. The side handles lets you angle the 10" x 7.5" lens, along with the 12 non-glare LED lights for the best viewing. To find this item online search the words "magnification LED lamp". The price range for this lamp is \$89.00 - \$99.00. There are many styles of magnification lamps available online to choose from. Here's to viewing life more clearly!



More Effective Than Traditional Fire Extinguishers

The **Tundratm Fire Extinguishing Spray** is effective on common household fires such as fabric, paper, wood—even cooking oil, plus fires involving electrical equipment. It is biodegradable and non-toxic, clean-up is easy, and unlike many fire extinguishers, it will not damage stove or counter surfaces. Just remove the protective cap, point and spray, the intuitive wide-spray works even when held upside down, ensuring nonstop fire retardant. Compact design promotes greater portability and easier storage.



Ideal for your kitchen, it's great for household and office use as well as for camping, grilling, and boating. Contains no CFCs; 14 fl. oz. Click on the link to view a video on how the fire extinguishing spray works. [Tundratm Fire Extinguishing Spray](#). We found this product on line for \$19.99. Please search the word "Tundratm" to find an online vendor of your choice.



25th Anniversary Party
February 28, 2016
EMPIRE POLO CLUB



Say "thank you" for the monthly Tools for Independence newsletter and help strengthen the nonprofit Independent Living Partnership! For more information and to reserve your place at the party go to: <http://ilpconnect.org/party/>

December Is:

- ▶ National Drunk & Drugged Driving Prevention Month
- ▶ World Aids Month

Special Days in December

- ▶ Hanukkah, December 7th
- ▶ Pearl Harbor Day, December 7th
- ▶ Christmas Day, December 25th
- ▶ New Year's Eve, December 31th

Bette Midler's Birthday December 1, 1945

Winner of Grammy and Golden Globe Awards, Bette Midler is an American singer-songwriter, actress and entrepreneur.

"Cherish forever what makes you unique, 'cuz you're really a yawn if it goes".

Bette Midler

VENDOR RESOURCE LIST

Active Forever: www.activeforever.com
1-800-377-8033

Amazon: www.amazon.com

Arthritis Supplies: www.ArthritisSupplies.com
1-800-750-0376

Bright Life Directs: www.brightlifedirect.com
1-8977-545-8585

Diabetic Shoe Hub: www.diabeticshoeshub.com
1-623-455-6258

Dynamic-Living: www.dynamic-living.com
1-888-940-0605

Elder Depot: www.elderdepot.com
1-800-910-7790

First Line Solutions: www.FirstLineSolution.com
1-909-227-9821

Gold Violin: www.goldviolin.com
1-877-648-8400

LS & S: www.Lssproducts.com
1-800-468-4789

Maxi Aids: www.maxiaids.com
1-800-522-6294

Sight Connection: www.sightconnection.com
1-800-458-4888

Simple Comforts: www.simplecomforts.com
1-800-361-1440

Support Plus: www.supportplus.com
1-800-229-2910

Target.com: www.target.com

The Alzheimer's Store: www.alzstore.com
1-800-752-3238

The CareGiver Partnership:
www.caregiverpartnership.com
1-800-985-1353

Walgreens: www.walgreens.com

Walmart: www.walmart.com

Products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various vendors, merchants and Web search before making your final choice. Mention of specific products is not an endorsement of these products. Product vendors provide no compensation or other benefit to Tools.

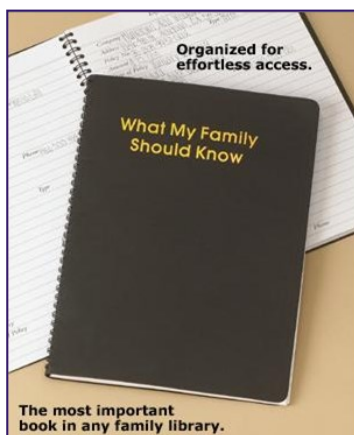
Get Ready For 2016

Never forget another appointment with the **Giant Print 2016 Calendar** designed to help anyone with limited vision remember appointments, birthdays and special occasions. You can hang it on a wall for easy reference or keep it on your desk as a desktop calendar. It lays flat for writing and features 8.5" x 11" sheets that open to a full 11" x 17". When opened, it shows the entire month (days and dates) at a glance. It also features 1" high dates for easy reading and it includes ample space for writing important notes. It is available for \$8.95 online. Search the words "giant print calendar" to find this and other style of calendars to help keep you on schedule in the new year.

JANUARY 2016						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	January Holidays New Year's Day - 1 Martin Luther King, Jr. - 18					

Estate Planning Book

Leave vital information behind in this **Estate Planning Book**. It will be logically organized and easily accessed in "What My Family Should Know." This important book provides a place to store extensive details about life insurance, bank accounts, savings/loan and credit union accounts. In addition, investments, properties, safe deposit boxes and their contents and a list of personal advisors, including attorney, trustees and such that those who survive will need immediately. Measures 8½" x 11½" is a soft cover spiral-bound format with 116 pages. This and similar products are available from various online vendors starting at \$19.99- Word search "estate planning book" to find a planner that would best fulfill your families' questions and answers.



Eliminate The Need To Bend...

...while cleaning the cat's litter box. Durable polypropylene extension scoop eliminates the need to bend. Saves strain on back. To extend handle, just unfold. It locks in place. When done, press locking tab and handle folds down. Measures about 16½" when detached/folded. Extends to about 26". Makes for easy storage. The extra-large scoop has back containment reservoir to maximize capacity and is 6¼" wide. The extension is detachable for short handle use as well. Search the words "extended detachable litter scoop" to find a supplier of your choice. The lowest price we found this helpful tool for is \$6.00.



As The New Year Approaches With The Promise of More Prosperity and Good Fortune

We Wish You A Year of Joy, Success and Good Tiding



Help Prevent Water Damage and Flooding...

...with **Quick Dam** the self-activating sand less sandbags. No need for sand or the labor to fill sandbags. Simply expose them to fresh water. These bags can absorb 4 gallons of water and grow to the full size at 3.5" high in 5 minutes. As the bags swell they divert the flood water. Each bag contains a super absorbent power that gels with the water, due to a chemical reaction these bags are not- for-use with salt water. The vendor says that the bags



are safe, non-hazardous & nontoxic, environmentally friendly & decomposes over time. You can leave them in place for up to 8 months. Use through winter



for thaw flood protection. To learn more about this product click on the link below [Quickdamproducts](http://www.quickdams.com/) **Quick Dam** 12" x 24" x 3.5" high Bags 2/Pack sand bags are \$16.00 plus shipping and handling. Search <http://www.quickdams.com/> to help you get ready for the rain!

Close Zipper-Lock Bags Easily...

...with the **Zipper Bag Sealer**. According to the vendor, it's ideal for one-hand use. Simply slide the zipper seal through the groove to close the zipper and seal the bag. The device mounts with a self-adhesive backing. Search the words "zipper bag sealer" The price for this item from various online vendors is less than \$3.50.



This Newsletter is published by the
INDEPENDENT LIVING PARTNERSHIP
(ILP)

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



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