

TOOLS for Independence™

making your life at home easier and safer



September 2015

Brought to you by:

THE TOOLS FOR
INDEPENDENCE INITIATIVE
OF THE

**INDEPENDENT
LIVING
PARTNERSHIP**

On the web at:
www.ILPconnect.org

Published by:

The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

Help Finding Assistive Technology—

Ability Tools offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit <http://abilitytools.org/>

Wireless Intercom System Helps With Room-to-Room Monitoring In Your Home

Whether you need to monitor a loved one or have a family member who is unable to call you easily, you can use this **Wireless Intercom System** for room-to-room monitoring. Choose between two-way communication or one-way audio monitoring. It has a range of 1,000 feet and is great for saving steps when you need to talk to someone in the other room. No installation or batteries are required for the wireless intercom.

Simply plug in both intercom units and set them to the same channel. (Units must be plugged into outlets on the same electric panel.) This **Two-Channel Wireless Intercom System** sells for \$49.00. This and similar products are available from various vendors that sell assistive technology devices. Search the words “wireless intercom system” to find the right vendor and equipment for your home.



Create Extra Doorway Clearance For Your Wheelchair Or Walker

The **Swing Away Offset Door Hinges** give you the extra clearance needed for wheelchair and walkers without cutting a larger door frame and installing larger doors. The hinge is designed to swing your door completely clear of the opening. The expandable Z shaped door hinges use the same screws and holes as the existing hinge, you can retrofit your doorway to handle most residential door sizes. Search words “offset door hinges” to find a vendor near you. Lowest price AT hinge, we found online is \$13.95.



Please visit our FaceBook page and like us:

<https://www.facebook.com/pages/Independent-Living-Partnership>



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Click here to help:

<https://smile.amazon.com/ch/33-0464739>

September Is:

- ▶ National Guide Dog Month
- ▶ National Yoga Month
- ▶ Leukemia & Lymphoma Awareness Month

Special Days in September

- ▶ Labor Day, September 7th

Barbara Walters, September 25, 1931

Barbara Walters is an American broadcast journalist, author and television personality. She has hosted morning television shows, *Today* and *The View*, the television news magazine *20/20*, co-anchored the *ABC Evening News*, and was a contributor to ABC News, *The ABC Evening News*.

"The sports page records people's accomplishments, the front page usually records nothing, but man's failures".

Barbara Walters

VENDOR RESOURCE LIST

Active Forever: www.activeforever.com

1-800-377-8033

Amazon: www.amazon.com

Arthritis Supplies: www.ArthritisSupplies.com

1-800-750-0376

Bright Life Directs: www.brightlifedirect.com

1-8977-545-8585

Diabetic Shoe Hub: www.diabeticshoeshub.com

1-623-455-6258

Dynamic-Living: www.dynamic-living.com

1-888-940-0605

Elder Depot: www.elderdepot.com

1-800-910-7790

Gold Violin: www.goldviolin.com

1-877-648-8400

LS & S: www.Lssproducts.com

1-800-468-4789

Maxi Aids: www.maxiaids.com

1-800-522-6294

Sight Connection: www.sightconnection.com

1-800-458-4888

Simple Comforts: www.simplecomforts.com

1-800-361-1440

Solutions: www.solutions.com

1-877-718-7901

Support Plus: www.supportplus.com

1-800-229-2910

Target.com: www.target.com

The Alzheimer's Store: www.alzstore.com

1-800-752-3238

The CareGiver Partnership:

www.caregiverpartnership.com

1-800-985-1353

Walgreens: www.walgreens.com

Walmart: www.walmart.com

Products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various vendors, merchants and Web search before making your final choice. Mention of specific products is not an endorsement of these products. Product vendors provide no compensation or other benefit to Tools.

Dribble-Free Drinking Without Sitting Up

The **Vacuum Feeding Cup** permits dribble-free drinking without the need to sit up or raise your head. By placing a finger over the vent hole in the mouthpiece, the cap controls the flow of liquid contents through the mouthpiece. The vendor says the special design of this cup reduces the amount of spilled liquids should a mishap occur. The hole in the mouthpiece is large enough to hold a straw and is ideal for drinking liquids while lying down. This feeding cup holds up to 8 ounces. The **Feeding Cup** is top-shelf dishwasher safe. This cup and similar drinking/feeding cups are available from several vendors for as little as \$3.95. On your computer, word search "vacuum feeding cup" to find a vendor.



Turn Any Lamp Into A Touch Lamp

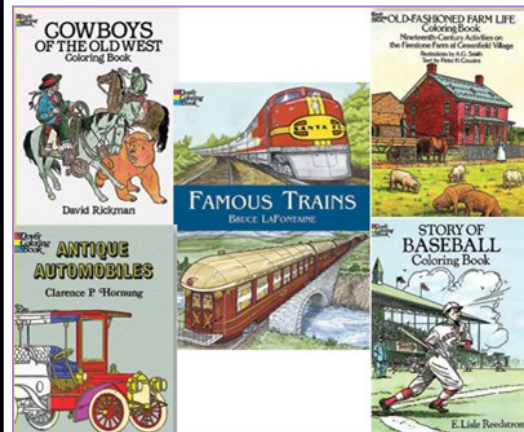
The **Touch Tronic Lamp Converter** eliminates the need to use hard-to-reach lamp switches. This converter screws easily into existing lamps. Simply touch any metal lamp surface to turn the lamp on or off. The lamp converter can use 3-way light bulbs. The lowest price we found for this item is \$23.00. search the words "touch converter" to help light your way.



For The Artist Or Person Who Loves To Doodle...

...draw or color, **Adult Coloring Books** offer intricate line drawings of topics that appeal to every interest. Vendors say that these coloring books are wonderful for the early or middle stages of Alzheimer's disease. These coloring

books do not have silly illustrations or cartoon characters; they are serious, reminiscent topics, which will not only make for hours of fun,



satisfaction and pleasure, but also memories and conversation. Color pencils or fine markers are recommended. The books feature adult topics, selected specifically for appropriateness to older people or those with interests tied to the 1940s, 50s and 60s. Men's topics include military, sports and work, and women's coloring book topics include flowers, country scenes and famous American women. We found these in packages of 4 books at the Alzheimer's Store for \$20.95. Search the words "Adult Coloring Books" to find other online vendors that sell this fun, and creative mind stimulating product.



Voice Labels Help You Easily Identify Items

Transform all your print products into voiced ones and make the world talk to you. The **Voila Label Reader** is a complete system designed to give the blind and those with low vision greater independence. The **Voila Label Reader** enables the user to record voiced

Labels and attach them to virtually any item in the home or office. Then it reads them back on demand for easy identification of the item. **Voila** is a voice output bar-code reader labeling system that consists of reusable labels that can be attached to objects and a pen shaped device with a sapphire lens or eye that reads the labels and plays back your pre-recorded messages unique to each code. Labels are tactile so they can be easily located; they also have an adhesive backing for affixing to objects, can be sewn or taped into objects, or simply hung on them. Voila records up to 250 voice labels. Included in the **Voila Kit** are; one scanning pen, an instructional cassette, labels numbered 1-50, attaching accessories (rubber bands, Velcro strips, magnet and zip ties) and 2 AA batteries. Additional sets of 50 labels (up to 250) may be purchased separately. The **Voila Label Reader** is available for \$140.00. Search the words "voila label reader" to find a vendor of your choice.



Do You Need Trip?

The Trip Transportation program, offered by the Independent Living Partnership, is one of the special services in Riverside, CA and other Counties that assists people in accessing transportation services and helps them remain independent as long as possible. Trip reimburses volunteer drivers for miles driven to transport individuals where no transit service exists or when the person is too frail, ill or unable to use public transportation.. For more information on the TRIP Transportation Program; visit; ILPConnect.org

This Newsletter is published by the
INDEPENDENT LIVING PARTNERSHIP
(ILP)

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



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Editor: Karen Long

Managing Editor: Richard Smith

E-Mail: Editor@TOOLSforIndependence.org

951-653-0740 x 21

6235 River Crest Drive, Suite C
Riverside, CA 92507-0758