

TOOLS for Independence™

making your life at home easier and safer



January 2016

Brought to you by:

THE TOOLS FOR
INDEPENDENCE INITIATIVE
OF THE

**INDEPENDENT
LIVING
PARTNERSHIP**

On the web at:
www.ILPconnect.org

Published by:

The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

Help Finding Assistive Technology—

Ability Tools offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit <http://abilitytools.org/>

Voice Labeling System

You record it, I say it! Designed for the blind and visually impaired, the **Reizen Talking Label Wand** is a state-of-the-art voice labeling system that keeps you organized and helps you identify household items easily and efficiently. This talking label identifier comes with 232 labels - 160 round, tactile labels and 72 rectangular, washable labels. Use the round labels for food, medicine, files, music, and more, while the rectangular washable labels can be used for those items as well as clothes. This talking label pen can also switch between English and Spanish languages, and you can re-record labels for a new item. The vendor says the voice prompts are easy to follow, there is also a 3.5mm headphone jack and volume control for discreet listening. It uses 2AAA batteries (not included). To find out more about this assisted technology search the words "Reizen label wand" We found this item online for \$88.00-\$99.95.



Hands Free Light

The **Hands-free Hug Light** is convenient for walking the dog or knitting on the couch. Flexible and foam-padded, it can be draped comfortably around your neck for hands-free use. With LEDs on each end, you can see clearly. It offers two settings...bright, wide white light with 4 LEDs, or night vision-preserving red light with 2 bright LEDs. This hands-free hug light can also be shaped for use as a free-standing light. Uses 2 AAA batteries (not included). There are many styles and suppliers that have similar light. Search the internet with these words "hands-free lights" to find a light that best suits your needs. The price range for this light is \$15.00 - \$22.95.





25th Anniversary Party
February 28, 2016
EIMPIRE POLO CLUB



Say "thank you" for the monthly Tools for Independence newsletter and help strengthen the nonprofit Independent Living Partnership! For more information and to reserve your place at the party go to: <http://ilpconnect.org/party/>

January Is:

- ▶ Alzheimer's Awareness Month
- ▶ Glaucoma Awareness Month
- ▶ Volunteer Blood Donor Month

Special Days in January

- ▶ New Year's Day January 1st
- ▶ Martin Luther King Jr. Day 18th

Stephan Hawking's Birthday January 8th

Stephen William Hawking CH, CBE, FRS, FRSA is an English theoretical physicist, cosmologist, author and Director of Research at the Centre for Theoretical Cosmology within the University of Cambridge.

"We are all now connected by the Internet, like neurons in a giant brain".

Stephan Hawking

VENDOR RESOURCE LIST

Active Forever: www.activeforever.com
1-800-377-8033

Amazon: www.amazon.com

Arthritis Supplies: www.ArthritisSupplies.com
1-800-750-0376

Bright Life Directs: www.brightlifedirect.com
1-8977-545-8585

Diabetic Shoe Hub: www.diabeticshoeshub.com
1-623-455-6258

Dynamic-Living: www.dynamic-living.com
1-888-940-0605

Elder Depot: www.elderdepot.com
1-800-910-7790

First Line Solutions: www.firstlinesolutions.com
1-909-227-9821

Gold Violin: www.goldviolin.com
1-877-648-8400

Maxi Aids: www.maxiaids.com
1-800-522-6294

Sight Connection: www.sightconnection.com
1-800-458-4888

Simple Comforts: www.simplecomforts.com
1-800-361-1440

Solutions: www.solutions.com
1-877-718-7901

Support Plus: www.supportplus.com
1-800-229-2910

Target.com: www.target.com
1-800-591-3869

The Alzheimer's Store: www.alzstore.com
1-800-752-3238

The CareGiver Partnership:
www.caregiverpartnership.com
1-800-985-1353

Walgreens: www.walgreens.com
1-800-925-4733

Walmart: www.walmart.com

Products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various vendors, merchants and Web search before making your final choice. Mention of specific products is not an endorsement of these products. Product vendors provide no compensation or other benefit to Tools.

Accidentally Get Locked Out Of Your Home?

This **Locking Key Hideaway from GE Security** holds your spare key in a rugged housing secured by a built-in re-settable combination lock. Even if a thief finds it, he won't be able to access the key. Set the lock to any 3-digit combination, and then use the integrated high-powered magnet to attach to any steel surface. To attach it to plastic, wood, or other surfaces, just affix the included adhesive-backed steel plate to provide a mounting surface for the magnet. Or use the adjustable cable to attach to a chain link fence, shed door, etc. Both measure 3 1/4"l x 2 1/8"w x 3/4"d and are weather-resistant. Please specify magnet or cable. We found this particular hide-a key tool online for \$12.95. Search the words "locking key hideaway" to find this and other brands of hide a key options that would best suit your household.



Motion-Sensor Alarm Alerts You

Protect yourself at home or while traveling with this easy to use **Motion-Sensor Alarm System**.



Just hang it on any door knob and flip the switch. If the alarm senses motion, such as a forced or unauthorized entry, it emits a loud 98 dB signal. You can use it in hotel rooms or for securing items in a cabinet, office or private room. This alarm includes a built-in LED flashlight. And operates on two AAA batteries (not included). We found this alarm for online for \$13.95 to learn more about this product click on the link [Motion-Sensor Alarm](#) To find this and other motion-sensor alarms please search the words "motion sensor alarm".

For Those with Difficulty Grasping, Open Doors with More Ease

The **Doorknob Lever Adapter** is a universal doorknob lever adaptor that fits all interior and exterior door knobs regardless of their size or shape. The device is designed to make opening doors easier for anyone with weak or arthritic hands. With the adapter in place, the door can be opened easily by pushing down or up on the handle. According to vendors, the **Doorknob Lever Adapter** can be easily installed without removing the knob or adjusting any existing hardware. The adapter allows full key entry and is available in different finishes including a special fluorescent glow-in-the-dark version for easy seeing. The price for this item, from various vendors, is \$29.95 for two levers. Search the words "doorknob lever adapter" to find this and other doorknob adapters for your home.



Save Your Knees And Back

Kneeling to do yard work can be a real pain in the back and knees. End the discomfort with the multi-purpose **Garden Kneeler/Seat**. The 3/4" thick foam pad cushions your knees from rocks, mulch, the hard ground, etc. Use the sturdy legs to lift yourself up and flip the kneeler over to use it as a seat, great for household chores, auto, garage, etc. The garden kneeler includes spring-loaded catches which lock arms in place. The garden kneeler stores easily, folding to just under 5" thick, 22-1/2"x19-3/4" tall overall when open. All-steel construction with anti-rust finish is made to last. Supports up to 250 lb. The price range for this tool online is \$39.99-\$52.99. To make your garden kneeler even more convenient, add a **Garden Kneeler Pouch** (sold separately) which hangs from your garden kneeler to keep tools, seed packs and even a cell phone handy. The garden kneeler pouch has two large pockets and three small mesh pockets made of waterproof nylon. 12-3/4"x10-3/4" tall. Pouch is \$9.99. Search the words "garden kneeler seat" to find your gardening aid.



This Newsletter is published by the
INDEPENDENT LIVING PARTNERSHIP
(ILP)

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



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Editor: Karen Long

Managing Editor: Richard Smith

E-Mail: Editor@TOOLSforIndependence.org

951-653-0740 x 21

6235 River Crest Drive, Suite C

Riverside, CA 92507-0758