

TOOLS for Independence™

making your life at home easier and safer



March 2016

Brought to you by:

THE TOOLS FOR
INDEPENDENCE INITIATIVE
OF THE

**INDEPENDENT
LIVING
PARTNERSHIP**

On the web at:
www.ILPconnect.org

Published by:

The nonprofit Independent Living Partnership (ILP) - working for the rights of all to live independently in their own homes and communities.

Help Finding Assistive Technology—

Ability Tools offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit <http://abilitytools.org/>

A Simple Squeeze Helps You Cut Through Paper...

...and other lightweight materials. The self-opening handles of the **Loop Scissors** are easy to grip, and a simple squeeze is all that is needed to cut through paper and lightweight plastic or other materials.

The scissors can be used in either the right or left hand. A plastic blade guard can be used as a stand for one-handed cutting. The stainless steel blades are 3" long and the scissors are available with or without finger holes.

They're available for \$19.99-\$24.20 from various online vendors. Search the words "loop scissors" to find a pair that best suits your needs.



Lets Your Food Get Hot, But The Bowl Does Not.

The double-walled design of the **Microwave Stay-Cool Bowl**



lets you handle heated food right from the microwave without searing your fingers on the outside of the bowl. This bowl includes a splash-proof lid, which lets steam vent while eliminating messy splatters on the inside of your microwave. This bowl is dishwasher safe, BPA free and holds 18oz of your favorite food. We found this innovative bowl online for \$12.00. Search the words "microwave stay cool bowl" to find this and other microwavable kitchenware.

It was a glorious day at the Empire Polo Club on Sunday afternoon where our good friends gathered to celebrate the 25th birthday of the Independent Living Partnership and to recognize the important contribution that the TRIP Program makes in people's lives all across Riverside County every day.

Thanks to everyone who worked so hard to make the day a success, thanks to our funders and sponsors and thanks to the thousand TRIP volunteers who care and do for their friends and neighbors!!



EVENT
SPONSORS:



March Is:

- ▶ National Disability Month
- ▶ National Nutrition Month
- ▶ Red Cross Month

Special Days in March 2016

- ▶ Day Light Saving Time Begins 3/13
- ▶ St Patrick's Day 3/17
- ▶ Easter 3/27

Ron Howard
March 1, 1954

Ronald William "Ron" Howard is an American film director, producer, and actor, best known for playing two high-profile roles in television sitcoms in his childhood and early adulthood, and for directing a number of successful feature films later in his career.

"If I had to choose between a great acting job and a good directing job, I'd choose the directing job".
Ron Howard

VENDOR RESOURCE LIST

- Active Forever: www.activeforever.com
1-800-377-8033
- Amazon: www.amazon.com
- Arthritis Supplies: www.ArthritisSupplies.com
1-800-750-0376
- Bright Life Directs: www.brightlifedirect.com
1-8977-545-8585
- Diabetic Shoe Hub: www.diabeticshoeshub.com
1-623-455-6258
- Dynamic-Living: www.dynamic-living.com
1-888-940-0605
- Elder Depot: www.elderdepot.com
1-800-910-7790
- First Line Solutions: www.firstlinesolutions.com
1-909-227-9821
- Gold Violin: www.goldviolin.com
1-877-648-8400
- Maxi Aids: www.maxiaids.com
1-800-522-6294
- Sight Connection: www.sightconnection.com
1-800-458-4888
- Simple Comforts: www.simplecomforts.com
1-800-361-1440
- Solutions: www.solutions.com
1-877-718-7901
- Support Plus: www.supportplus.com
1-800-229-2910
- Target.com: www.target.com
1-800-591-3869
- The Alzheimer's Store: www.alzstore.com
1-800-752-3238
- The CareGiver Partnership:
www.caregiverpartnership.com
1-800-985-1353
- Walgreens: www.walgreens.com
1-800-925-4733
- Walmart: www.walmart.com

Products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various vendors, merchants and Web search before making your final choice. Mention of specific products is not an endorsement of these products. Product vendors provide no compensation or other benefit to Tools.

Feel Your Way To Add Spice To Your Meal

These **Salt and Pepper Shaker Sets** are an adaptive aid that enables anyone who is blind or visually impaired to dine with self-confidence.

Each shaker has Braille and/or tactical marks so the user can pick the right condiment without having to pre-test the contents of the shakers. There are different styles and features on different sets; pictured here are a couple of choices we found. Online prices vary from \$9.95- \$19.95. Search "Braille salt and pepper shakers" to find your special set.



An Alternative to Medical Bracelets

These attractive **Medical ID Necklaces** offer the wearers a sense of security. To alert medical personnel, the pendant displays the Star of Life on the front. On the back, affix any of the 15 waterproof conditions stickers that are included. Pendants and their 24" ball chains are made of durable stainless steel.

Choose either the Heart Shape or the Dog Tag style. These examples cost \$18.75 each. There are many different shapes, styles and prices of Medical ID Necklaces to choose from. Search the words "medical ID necklace" and see which ID necklace you prefer to wear.



The Correct Amount Of Toothpaste Every Time

This attractive **Touch and Brush Toothpaste Dispenser** makes it easy for individuals with limited finger and hand functions or the visually impaired to put the correct amount of toothpaste on the brush with just one touch. **Touch and Brush** works with any size tube of toothpaste and secures easily onto any surface without tools. There are no batteries to replace. We found this toothpaste dispenser available from several online suppliers ranging in price from \$9.99 to \$19.99. Search the words "toothpaste touch dispenser" to find this and other toothpaste dispensers that will suit your family needs.



Useful Tools After A Hip Replacement

Rehabilitation after hip replacement surgery is important. It's also important not to overdo it and risk re-injuring the hip. This **Total Hip Replacement Pack** can help. It includes a 24" long stainless steel rubber handled shoehorn, a 24" long trigger-activated



grabber, a 22" long sponge on a stick, a 42" long nylon steel reinforced leg lifter, a 9" long semi-rigid sock aid and two

pairs of 24" elastic shoelaces. Together these items will help relieve you of unnecessary reaching and stretching that may cause re-injury. This hip replacement pack is available online for \$38.95. Search the words "total hip replacement pack"

Completely Safe And Flame-Free

Enjoy the beauty of burning candles with the worry. The **Evening Glow Flameless Candle Trio Set** are real, vanilla scented wax candles. Completely safe and flame free, this flameless candle trio can be set to a range of 12 colors, from cool white to warm orange and red and everything in between. Set to a single color or slowly alternate through all 12 colors using the included remote. You can even set the candles to change individually or together. Pillars are 3" in diameter includes one each 4", 5" and 6" pillar height candle. Remote battery is included, each candle uses 3AAA batteries. We found this household item online for \$25.00. Search the words "evening glow flameless candle trio set to locate this set or use the words "flameless candles" to find other flameless candles that may best suit your household's fashion style.



This Newsletter is published by the
INDEPENDENT LIVING PARTNERSHIP
(ILP)

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



TOOLS for Independence™

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Editor: Karen Long

Managing Editor: Richard Smith

E-Mail: Editor@TOOLSforIndependence.org

951-653-0740 x 21

6235 River Crest Drive, Suite C
Riverside, CA 92507-0758