### TOOLS for Independence

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making your life at home easier and safer

August 2016

#### Brought to you by:

THE TOOLS FOR INDEPENDENCE INITIATIVE OF THE

#### INDEPENDENT LIVING PARTNERSHIP

On the web at: www.ILPconnect .org

#### Published by:

The nonprofit Independent Living Partnership (ILP) working for the rights of all to live independently in their own homes and communities.

#### Help Finding Assistive Technology—

Ability Tools offers free information and referrals for assistive technology supplies, daily living devices, community resources, funding and service providers throughout California. Call 1-800-390-2699, TTY: 1-800-900-0706 or visit <a href="http://abilitytools.org/">http://abilitytools.org/</a>

# Looking For Another Way To Chop Up Vegetables...

...the vendor says Clever Cutter 2-in-1 Knife & Cutting Board is the fast, easy way to chop vegetables, fruits, meats, cheese



and more. Stainless steel blades easily cuts through the toughest meats and slice perfectly thin foods for simple, elegant serving. Now you can easily slice, chop

and carve foods for the perfect salad, kabobs, stir fry and much more. The

ergonomic grip is easy on hands and is dishwasher safe. Please click on the link to view the vendor's video Clever Cutter. We found this tool as a

buy one get the second **Clever Cutter** free for \$14.95 plus shipping. Search the words "Clever Cutter" online to find the supplier of your choice.

#### Eliminate The Need To Bend...

...while cleaning the cat's litter box. Put distance between you and your cat's litter box. Durable polypropylene extension scoop eliminates the need to bend. To extend handle, just unfold. When done, press locking tab and handle folds down. Measures about 16½" when detached/folded. Extends to about 26". The extra-large scoop has back containment reservoir to maximize capacity and is 6¼" wide. Search the words "extended detachable litter scoop" to find a supplier of your choice. The lowest price we found this helpful tool for is \$6.00.



# Improve Your Memory...

...with the **Brain Fitness Shell Game**. This game is a fresh twist on the classic memory

game. The goal is to improve your memory and build logic skills so that you can win. Getting a correct solution may seem like



luck, but it's really the result of your own brain power. The game includes: Spiral-bound Challenge Booklet with 60 challenges from Beginner to Expert, 6 Sea Shells, 6 Hermit Crabs, and 3 Ocean Stones. The online price range for this game is \$14.95- \$25.00. Search the words "brain fitness shell game" to locate a vendor of your choice.

#### **August Is:**

- ► American Adventures Month
- ► American Artists Appreciation Month
- ► American Indian Heritage Month
- National Immunization Month
- National Golf Month

#### **Andy Warhol**

August 6, 1928 - February 22, 1987

Andy Warhol was an American artist. His movement known as pop art, explored the relationship between artistic expression, celebrity culture, and advertisement.

"They always say time change things, but you actually have to change them yourself".

**Andy Warhol** 

#### **VENDOR RESOURCE LIST**

Active Forever: www.activeforever.com

1-800-377-8033

Amazon: www.amazon.com

Arthritis Supplies: www.ArthritisSupplies.com

1-800-750-0376

Bright Life Directs: www.brightlifedirect.com

1-8977-545-8585

Diabetic Shoe Hub: www.diabeticshoeshub.com

1-623-455-6258

Dynamic-Living: <a href="https://www.dynamic-living.com">www.dynamic-living.com</a>

1-888-940-0605

Elder Depot: www.elderdepot.com

1-800-910-7790

First Line Solutions: wwwfirstlinesolutions.com

1-909-227-9821

Gold Violin: www.goldviolin.com

1-877-648-8400

Maxi Aids: www.maxiaids.com

1-800-522-6294

Sight Connection: <a href="https://www.sightconnection.com">www.sightconnection.com</a>

1-800-458-4888

Simple Comforts: www.simplecomfort.com

1-800-361-1440

Solutions: www.solutions.com

1-877-718-7901

Support Plus: www.supportplus.com

1-800-229-2910

Target.com: www.target.com

1-800-591-3869

The Alzheimer's Store: www.alzstore.com

1-800-752-3238

The CareGiver Partnership:

www.caregiverpartnership.com

1-800-985-1353

Walgreens: www.walgreens.com

1-800-925-4733

Walmart: www.walmart.com

Products mentioned in this newsletter are available at some of the vendors mentioned above and may be available for different prices from different vendors. We encourage you to check with various vendors, merchants and Web search before making your final choice. Mention of specific products is not an endorsement of these products. Product vendors provide no compensation or other benefit to *Tools*.

# Do you or someone you know need a loan to buy assistive technology?

California Foundation for Independent Living Centers is excited to announce the launch of a new program that may be able to help.

FreedomTech Financial Loan Program provides low interest loans to Californians to purchase assistive technology.



Loans from \$500 to \$15,000 can be used to purchase any eligible device, item, or product that makes life easier for a person living with a disability or with age-related limitations. Wheelchairs, hearing aids, ramps, vision aids, and computers are just a few examples.

FreedomTech offers:

- Interest rate as low as 5.75%\*
- Flexible income and credit qualifications\*\*
- · Free credit building and financial education resources

To learn more and find out if you're eligible, visit FreedomTech.org or call 916-737-5358.

#### Close Zipper-Lock Bags Easily...

...with the **Zipper Bag Sealer**. It's ideal for one-hand use. Slide the zipper seal through the groove to close the zipper and seal the bag. The device mounts with a self-adhesive backing. Search the words "zipper bag sealer" to find this handy little helper. The price for this item from various online vendors is less than \$3.50.



### Hear The Correct Dosage Instructions

Designed and patented by a pharmacist and a physician, The **Talking RX** is a revolutionary tool that helps patients take their

medications as prescribed. The portable and re-useable device attaches to and fits common prescription bottles. Through its built-in digital memo recorder, Talking RX provides up to sixty seconds of recorded instructions about the medical prescription: when to take the medicine, how to take it, and other important information from a patient's physician or caregiver. For Example: "Mom, this is your arthritis medication; make sure you take it with food so it doesn't upset your stomach." The patient plays back these instructions by pressing the raised red button on the side of the Talking RX device. The voice message plays



back in 80-85 db, ideal for senior who are hard of hearing. This item is available online from various suppliers that sell AT products for \$24.95-\$58.00. Search the words "talking Rx pill bottle" to find a supplier of your choice.

### Slips On ... Slips Off

Pop this clever **Spray Can Tool** onto a standard spray can, and give your hand a break. Its arthritis-friendly and the ergonomic design features a full-grip trigger that's easy to grasp with all your fingers. It slides over the nozzle of the

and then slides off when you are done. This

can.



tool works on hairspray, furniture polish, spray paint and kitchen spray butter. Search the words "spray can tool" to find a vendor of your choice. The lowest online price we found for this tool is \$5.45.

### This Newsletter is published by the INDEPENDENT LIVING PARTNERSHIP (ILP)

ILP works to insure the independence and dignity of older adults and people with disabilities, their families and caregivers through education and access to empowering services and resources. This is accomplished through collaborative and cooperative partnering with public and private organizations, agencies and businesses. The goal is to help people lead more satisfying and rewarding lives, often in spite of significant health and mobility challenges.



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#### **TOOLS** for Independence

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Editor: Karen Long
Managing Editor: Richard Smith
E-Mail: Editor@TOOLSforIndependence.org

951-653-0740 6235 River Crest Drive, Suite C Riverside, CA 92507-0758